

VISITING YOUR HEALTH CARE PROVIDER?

GET YOUR FLU SHOT AND GET SCREENED FOR COLON CANCER.



Save time!



Save money!



Save your life!

The flu is preventable, and so is colon cancer. Visit your health care provider to get screened for colon cancer when you get your flu shot! Taking care of both in one visit can save you time and money. More importantly, they can save your life!

Everyone six months and older should get a **flu shot**, and those 50 to 75 years of age should get screened for **colon cancer**.

Visit www.mpqhf.org to learn more.