

Pain Assessment in Advanced Dementia

PAIN AD Tool Warden, Hurley, Volicer - 2001

	0	1	2	Score				
Very Severe/ Horrible Pain								
Moderate to Severe Pain	Normal	Occasional labored breathing; short period of hyperventilation	Noisy, labored breathing; long period of hyperventilation; Cheyne-stokes respirations					
					None	Occasional moan or groan; low level speech with a negative or disapproving quality	Repeated, troubled calling out; loud moaning or groaning; crying	
Relaxed	Tense; distressed; pacing; fidgeting	Rigid; fists clenched; knees pulled up; pulling or pushing away; striking out						
				No need to console	Distracted or reassured by voice or touch	Unable to console, distract or reassure		
								TOTAL

VERY SEVERE/HORRIBLE PAIN

10 – Unbearable pain; worst pain that can be imagined (Very few people ever experience this level of pain.)

MODERATE TO SEVERE PAIN

9 – Excruciating pain; inability to converse; uncontrolled crying out and/or moaning

8 – Intense pain; physical activity is severely limited; conversing requires great effort

7 – Very strong pain that significantly limits the ability to perform normal, daily activities; interferes with sleep

6 – Strong pain that interferes with normal daily activities; it is difficult to concentrate

5 – Strong pain that cannot be ignored for more than a few minutes; normal daily activities can be managed.

MILD PAIN

4 – Pain can be ignored for a period of time but is distracting

3 – Pain is noticeable; it is possible to get used to it and adapt

2 – Pain is minor

1 – Pain is barely noticeable

NO PAIN

0 – No pain