



Tip 1: “Where’s the Focus?”

Just as taking a “selfie” is all about YOURSELF, person-centered care is all about the PERSON! So why are we looking at person-centered care?

The first value of the Pioneer Network is “Know Each Person,” and this is also the root of person-centered care. ***It is vital to know your residents... Why?***

- *They feel respected and valued.*
- *Having strong bonds with caregivers builds trust.*
- *They are more at ease getting care from people they know.*
- *Being able to make choices keeps them engaged and feeling vital.*
- *You can support choices when you know people well.*
- *You notice health and care problems earlier when you know people well and see them often.*

To learn more, we will be exploring the Person-Centered Care GOAL of the National Nursing Home Quality Improvement Campaign through a series of Selfie Person-Centered Care Tips.

Action Items

- Gather all of the tools you are currently using to assess the preferences and choices of your residents.
- Conduct a Learning Circle with other staff members and ask them, “How do you get to know your residents? What tools do you use? What questions do you ask?”

For more information and training...

- About the National Nursing Home Quality Improvement Campaign’s Person-Centered Care Goal, go to <https://www.nhqualitycampaign.org/goalDetail.aspx?q=PCC#>.
- About how to conduct a Learning Circle, go to <http://actionpact.com/assets/cache/learning-circle.pdf>.
- About local person-centered care in Missouri, shared during the MC5 regional meetings, survey and certification updates and sleep/alarm resources, go to the MC5 website at <http://www.momc5.com/>.
- About the Pioneer Network (mentioned above), go to their website at <http://www.pioneernetwork.net/>.



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