

SPRING into a Healthier You
with **FREE** Diabetes Education!

Community Hospital of Anaconda

401 W. Pennsylvania St.

Anaconda, MT 59711

Tuesdays & Thursdays

May 3, 5, 10, 12, 17 & 19

10:30 AM to 12:00 PM



Do you have diabetes or pre-diabetes (high blood sugar)? Would you like to learn how you can **take charge of your health** and get control of your diabetes? Then **JOIN US for FREE diabetes education classes!** The classes are designed for people with Medicare, but all are welcome. Come learn about diabetes and your health—and maybe even **win a prize!**

To register, contact **Melissa Tyvand** at **563-8551** or **mtyvand@chofa.net**.



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