



**Quality Improvement
Organizations**

Sharing Knowledge. Improving Health Care.
CENTERS FOR MEDICARE & MEDICAID SERVICES



Mountain-Pacific
Quality Health



CARDIAC REPORTING TOOLKIT

**A Guide to Cardiac Quality and Alignment with
the CMS Quality Payment Program**

Three **Keys** to Quality Improvement

Set Goals

Setting goals helps you stay focused.

Track Progress

Tracking keeps you from focusing on failures and helps get the best results.

Test, Test, Test!

Testing changes on a small scale helps evaluate cost, impact and side effects.

How to Use the Cardiac Toolkit:

1. Pick one or more cardiac areas you wish to report on.

- A. Hypertension Control and Screening and Coronary Artery Disease (CAD)
- B. Heart Failure and Screening

2. Locate the appropriate MIPS Alignment Quality Payment Program Crosswalk.

- A. First, visit the quality improvement highlights include in this toolkit to see Mountain-Pacific's suggested activities.
- B. Check off what you are already doing in your practice.
- C. Get ideas for easy changes you can make to ensure your efforts align with MIPS!

3. Access the tools you need to succeed. Inside this toolkit you will find:

- A. Million Hearts Resources
- B. Mountain-Pacific Blood Pressure (BP) Resources
- C. Mountain-Pacific Congestive Heart Failure (CHF) Resources
- D. Mountain-Pacific Smoking Resources
- E. Cardiac Health Heart Care Calendar
- F. Diabetes – DEEP and MIPS Flyer

Resource Table of Contents

1. Cardiac Crosswalks

- I. [Hypertension Control and Screening and Coronary Artery Disease \(CAD\) Quality Payment Program Crosswalk](#)
- II. [Heart Failure and Screening Quality Payment Program Crosswalk](#)



2. Million Hearts Resources

- I. [Cholesterol Flow Diagram](#)
- II. [Cholesterol Guidelines](#)
- III. [Elements Associated with Effective Adoption and Use of a Protocol](#)
- IV. [Hypertension Action Steps for Clinicians](#)
- V. [Hypertension Control Change Packet](#)
- VI. [Hypertension Protocol](#)
- VII. [Self-Measured Blood Pressure Monitoring for Clinicians](#)
- VIII. [Tobacco Action Steps for Clinicians - Identifying and Treating Patients Who Use Tobacco](#)
- IX. [Tobacco Protocol - Identifying and Treating Patients Who Use Tobacco](#)



Resource Table of Contents

2. Million Hearts Resources (continued)

- I. [CDC Vital Signs Factsheet](#)



3. Mountain-Pacific Blood Pressure Resources

- I. [Blood Pressure Poster](#)



- II. [Blood Pressure Tip Sheet](#)



- III. [High Blood Pressure Zone Tool](#)



- IV. [New Blood Pressure Guidelines](#)

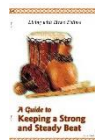


- V. [Waiting Room Workout](#)



4. Mountain-Pacific Congestive Heart Failure Resources

- I. [Heart Failure Booklet](#)



- II. [Passport to Heart Health](#)



- III. [Warning Signs – Congestive Heart Failure](#)



Resource Table of Contents

5. Mountain-Pacific Smoking and Tobacco Resources

I. [Smoking Cessation Butt Out](#)



II. [Smoking Cessation Changes When Smokers Quit](#)

A chart titled "Changes When Smokers QUIT" showing the benefits of quitting at different ages. The chart is organized into columns for "Age when you quit" (18-24, 25-34, 35-44, 45-54, 55-64, 65+) and rows for "Cigarettes per day" (10, 20, 30, 40, 50). The benefits listed include: "Lungs begin to heal", "Risk of heart disease drops", "Risk of stroke drops", "Risk of lung cancer drops", and "Risk of COPD drops".

III. [Smoking Cessation Help for Smokers](#)



IV. [Smoking Cessation Help for Smokers 2](#)



V. [Smoking Cessation Resources to Help You Quit Smoking](#)



VI. [Smoking Cessation You Can Quit Smoking](#)



VII. [Smoking Cessation 5-Day Countdown](#)



VIII. [HI Tobacco Quit Line Links](#)

6. Other Resources

I. [Heart Care Calendar](#)

A "Weight log" table with columns for "Date", "Weight", "Blood Pressure", and "Heart Rate". It includes a section for "Notes" and a "Total" row at the bottom.

II. [Diabetes – DEEP and MIPS Flyer](#)



Cardiac Care Reporting – Where to Start

No matter which cardiac care reporting path you take, Mountain-Pacific has suggestions for easy places to start! Refer to the **Hypertension Control and Screening and Coronary Artery Disease (CAD) Quality Payment Program Crosswalk** for more detailed information.

Goals

- Write and display public commitments demonstrating commitment to hypertension
- Sign up for The Million Hearts® Hypertension Control Challenge
- Identify a single leader to direct hypertension initiative in your practice
- Communicate with all clinic staff to set patient expectations

Actions

- Use the Million Hearts resources in your practice
- Use patient education materials related to hypertension or engagement of patient through patient portal
- Implement EHR Clinical Decision Support (CDS) at the point of care to improve HTN screening and provide care plan options for HTN control / improvement

Tracking and Reporting

- Establish workflows for appropriate documentation in EHR
- Establish baseline for CQMs and other measures
- Establish / review process for validating data

Education and Expertise

- Have your practice provide resources and patient education for hypertension control by:
 - Providing referrals to community programs as needed / appropriate
 - Using patient education for appropriate lifestyle modifications
 - Using patient education for medications
 - Using the patient portal to deliver education material
- Provide your clinicians / staff with resources and education for hypertension control:
 - Provide face-to-face educational training, webinars or continuing education activities for clinicians
 - Provide training and documentation on current standards of care and practice policies and procedures
 - Ensure timely access to persons with expertise

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Contact Us with Questions!



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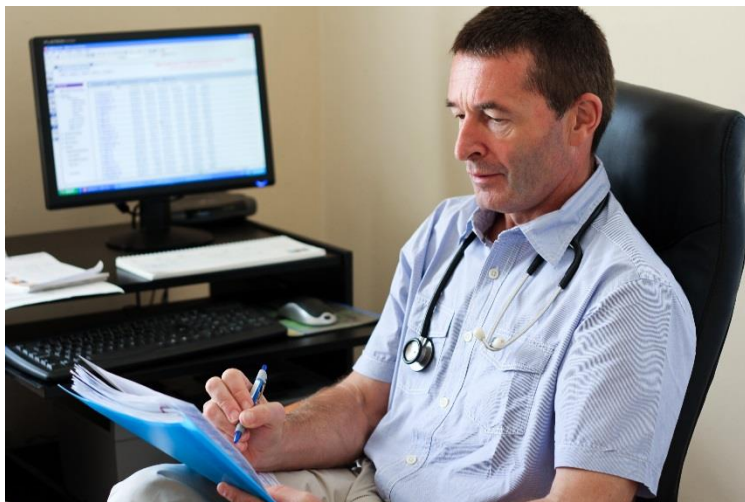
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