

FOLEY CATHETERS: Zones for Self-Management

Agency Name: _____ Phone: _____

Patient's Name: _____ Date: _____

Green Zone = All Clear



- Urine is clear yellow without any odor
- There is at least 1/4 cup of urine every hour
- There is no pain, itching, burning or drainage near or at the Foley exit site
- Temperature taken by mouth is 98.6° or less

Green Zone Means:

- Continue with good personal hygiene
- Clean and/or change the Foley bags and tubing as your home care nurse instructs
- Keep home care nurse appointments
- Keep physician appointments

Yellow Zone = Caution



- The Foley has fallen out
- Urine is cloudy and/or has a slight odor
- Increased pain, itching, burning and/or drainage near or at the Foley exit site
- Feeling of bladder fullness and/or little or no urine in drainage bag
- Urine is leaking; bed and/or clothes are wet
- Urine is dark and looks like tea
- Temperature taken by mouth is 100° or higher

Yellow Zone Means:

- You may have a urinary tract infection
- Call your home care nurse and/or your physician

Agency phone number: _____

Physician's phone number: _____

Notify your home care nurse if you contact or see your doctor.

Red Zone = Medical Alert



- Urine is very cloudy and/or has a strong, foul odor
- Constant pain, itching, burning and/or drainage near or at the Foley exit site
- Pain and/or feeling of bladder fullness in the lower part of your stomach
- No urine in the bag
- Blood in your urine
- Temperature taken by mouth is 100° or higher

Red Zone Means:

See your doctor right away.

Physician number: _____

Notify your home care nurse or case manager if you go to the emergency room or are hospitalized.