



Warning Signs for Pneumonia

Green Light – Good Signs – All Is Well!



- ✓ Breathing is good
- ✓ No cough
- ✓ Able to walk, work, etc., with ease

Yellow Light – Caution Signs – Time to Act!



Call your doctor if you have:

- ✓ Coughing
- ✓ Chest pain
- ✓ Greenish/yellow phlegm
- ✓ Shortness of breath
- ✓ Chills or fever

Red Light – Danger Signs – Medical Alert!



- ✓ Medicine is not helping
- ✓ Breathing is hard and fast or painful
- ✓ Unable to walk

CALL YOUR DOCTOR IMMEDIATELY!

Physician number: _____



Warning Signs for Pneumonia

Symptoms of Pneumonia

Pneumonia is caused by inflammation in your lungs. Symptoms of pneumonia can be very different, depending on you and what caused your pneumonia. People can get pneumonia after other infections, like the flu.

Common symptoms of pneumonia are:

- Cough
- Fever
- Chills
- Fast breathing
- Wheezing
- Trouble breathing
- Feeling tired

Less common symptoms are:

- Chest or abdominal pain
- Loss of appetite
- Vomiting

When bacteria causes pneumonia, a person gets sick right away, has a high fever and trouble breathing.

When a virus causes pneumonia, symptoms are less severe and appear more gradually.

Quick Quiz: True or False

A cough and trouble breathing are symptoms of pneumonia . T F

Severe pneumonia can be life threatening. T F

