

Mountain-Pacific Quality Health Wyoming Coalition Summit

Presented by Mountain-Pacific Quality Health
September 9, 2021



Welcome!



Introductions and goals



Which coalitions are represented today?



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Quality Awards

Coalition Goals



Goal 1: Improve Behavioral Health Outcomes, Including Opioid Misuse

Goal 2: Increase Patient Safety



Goal 3: Increase Chronic Disease Self-Management

Goal 4: Increase the Quality of Care Transitions

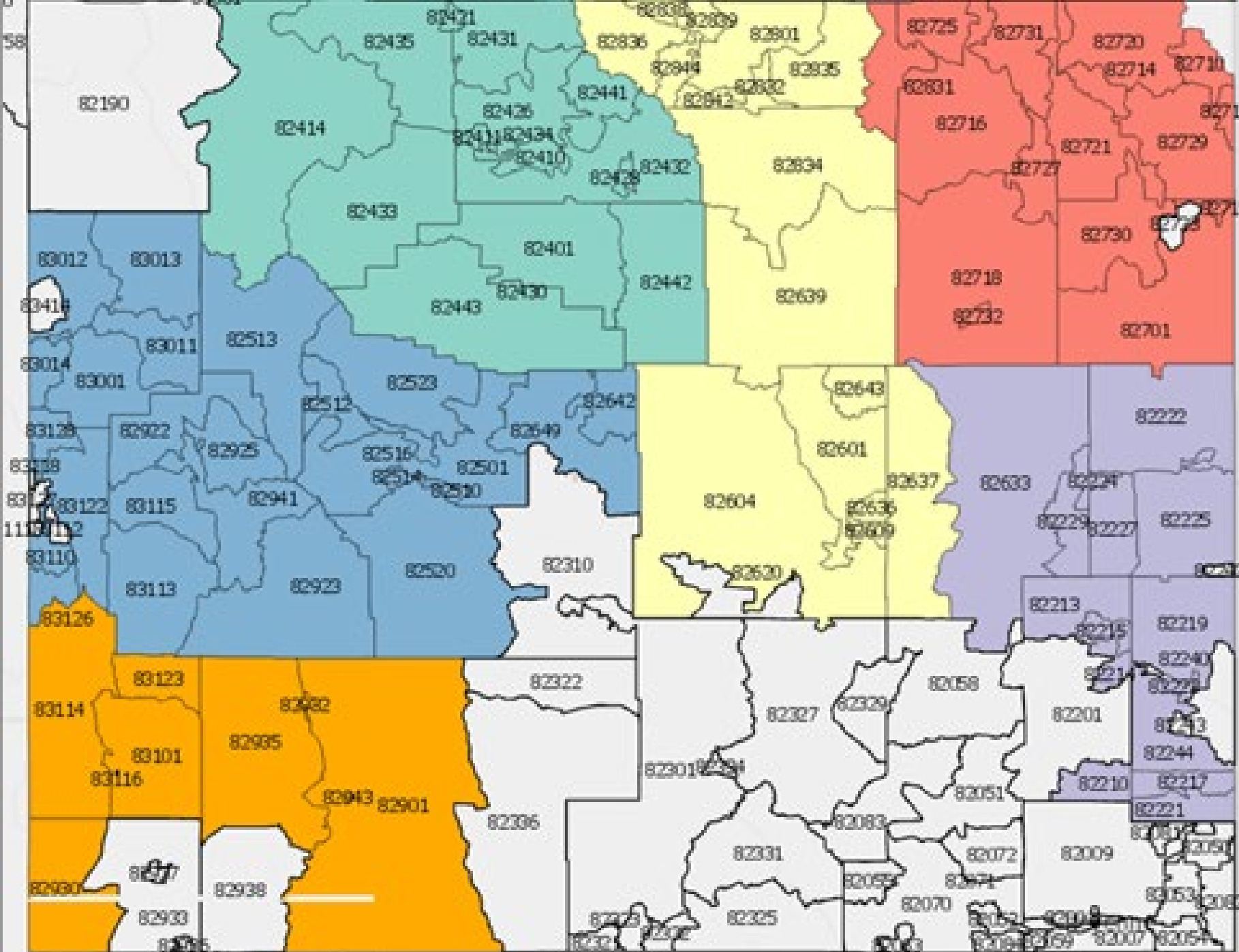


Goal 5: Improve Nursing Home Quality

Where are the coalitions?



- Alaska
- Hawaii
- Montana
- **Wyoming**
- U.S. Pacific Territories of Guam and American Samoa and the Commonwealth of the Northern Mariana Islands



- <Null>
- basin
- central
- east
- northeast
- southwest
- west
- <all other values>

World Light Gray Reference

World Light Gray Canvas Base

▶ Standalone Tables

	rural	urban	total
State	38,212	62,174	100,386
central	2,059	20,360	22,419
southwest	833	7,295	8,129
northeast	2,853	5,196	8,049
west	6,753	6,819	13,572
basin	12,938	-	12,938
east	3,412	-	3,412
Total	28,849	39,670	68,518

Medication Management and Safety: A Guidebook for Older Adults



Medication Management Guide

https://drive.google.com/file/d/1U-1xOxz1o2_dtWnFCTtPH_I4mYEleGit/view



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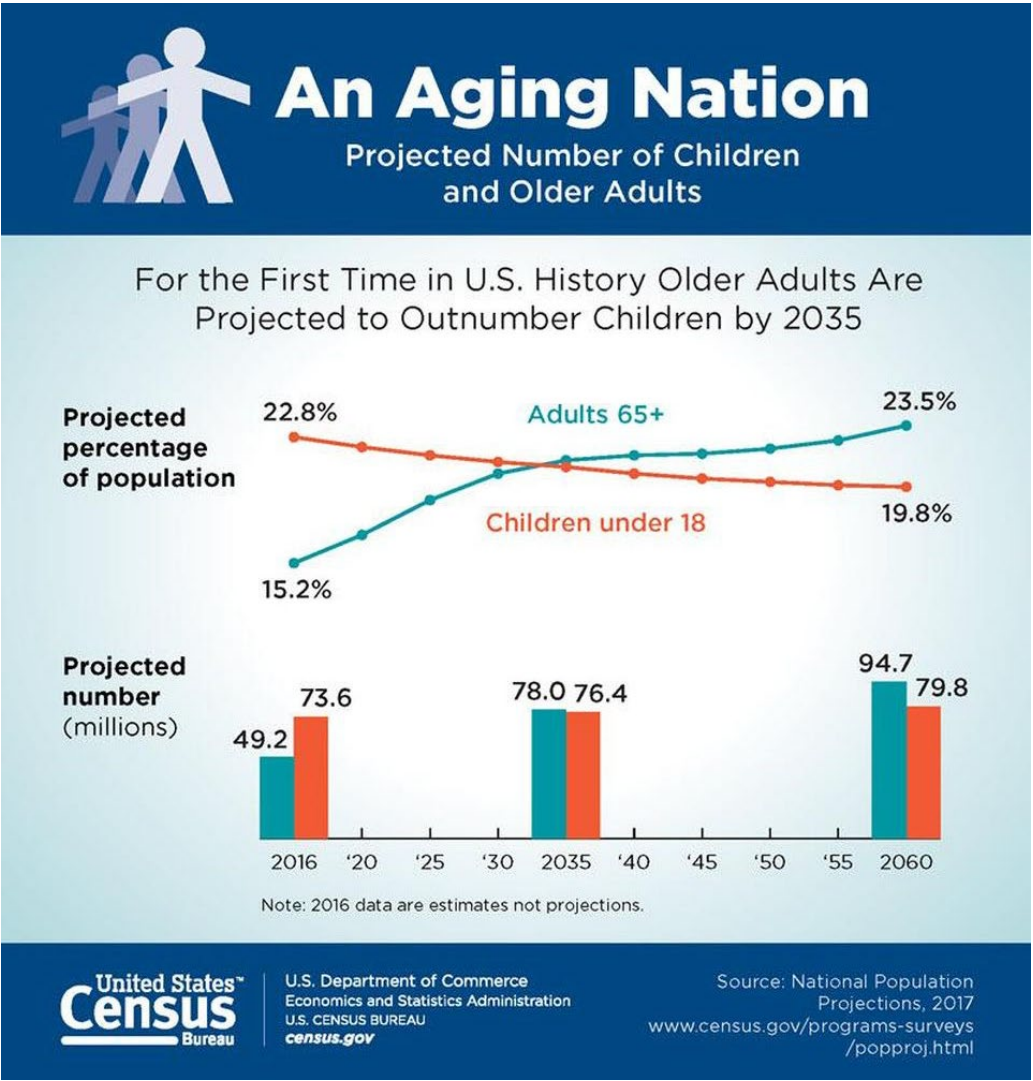
4Ms of Age-Friendly Health Systems

Alona Jarmin

Mountain-Pacific Quality Health



Factors impacting the care of older adults

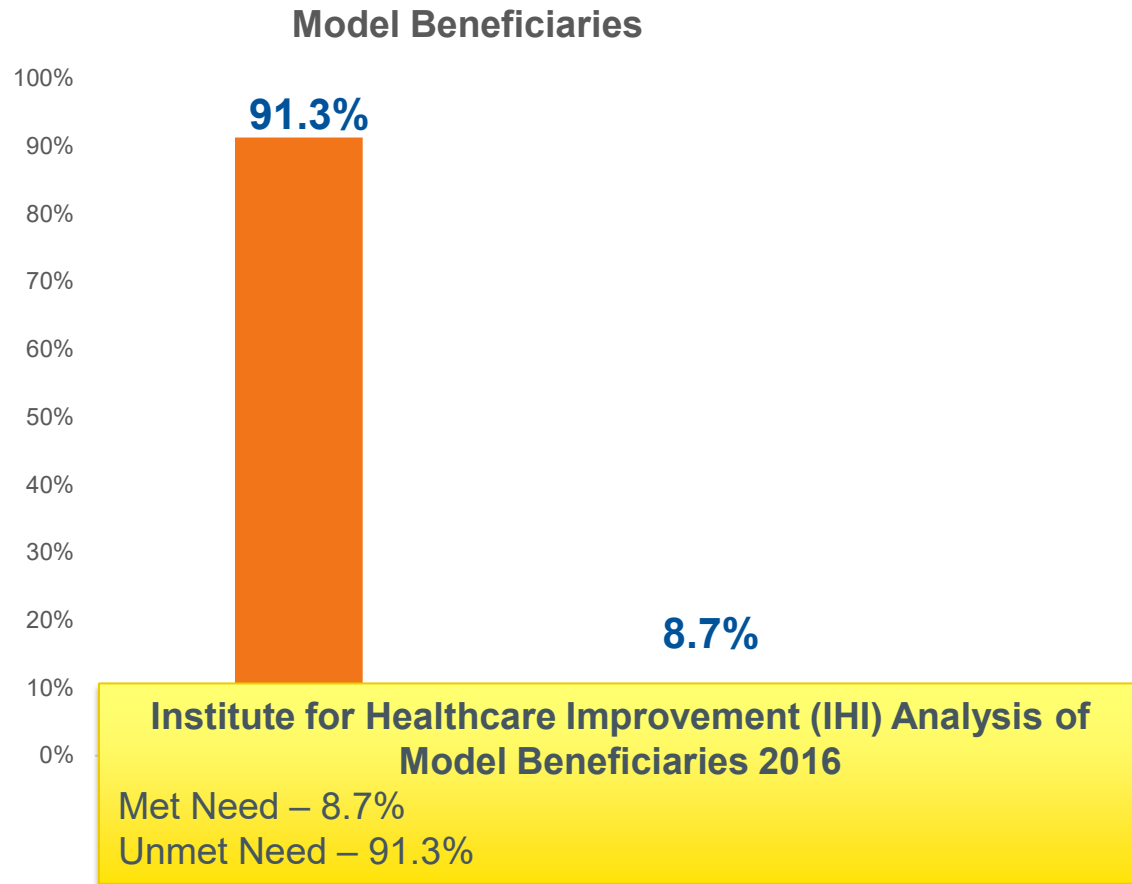


- 1) Demography
- 2) Complexity
- 3) Disproportionate harm



The State of Aging and Health in America 2013. Atlanta: Centers for Disease Control and Prevention, US Department of Health and Human Services; 2013. <https://www.cdc.gov/aging/pdf/State-Aging-Health-in-America-2013.pdf>
"Fact Sheet: Healthy Aging." National Council on Aging; 2016. <https://www.ncoa.org/resources/fact-sheet-healthy-aging/>

Evidence-based care is not reliably applied

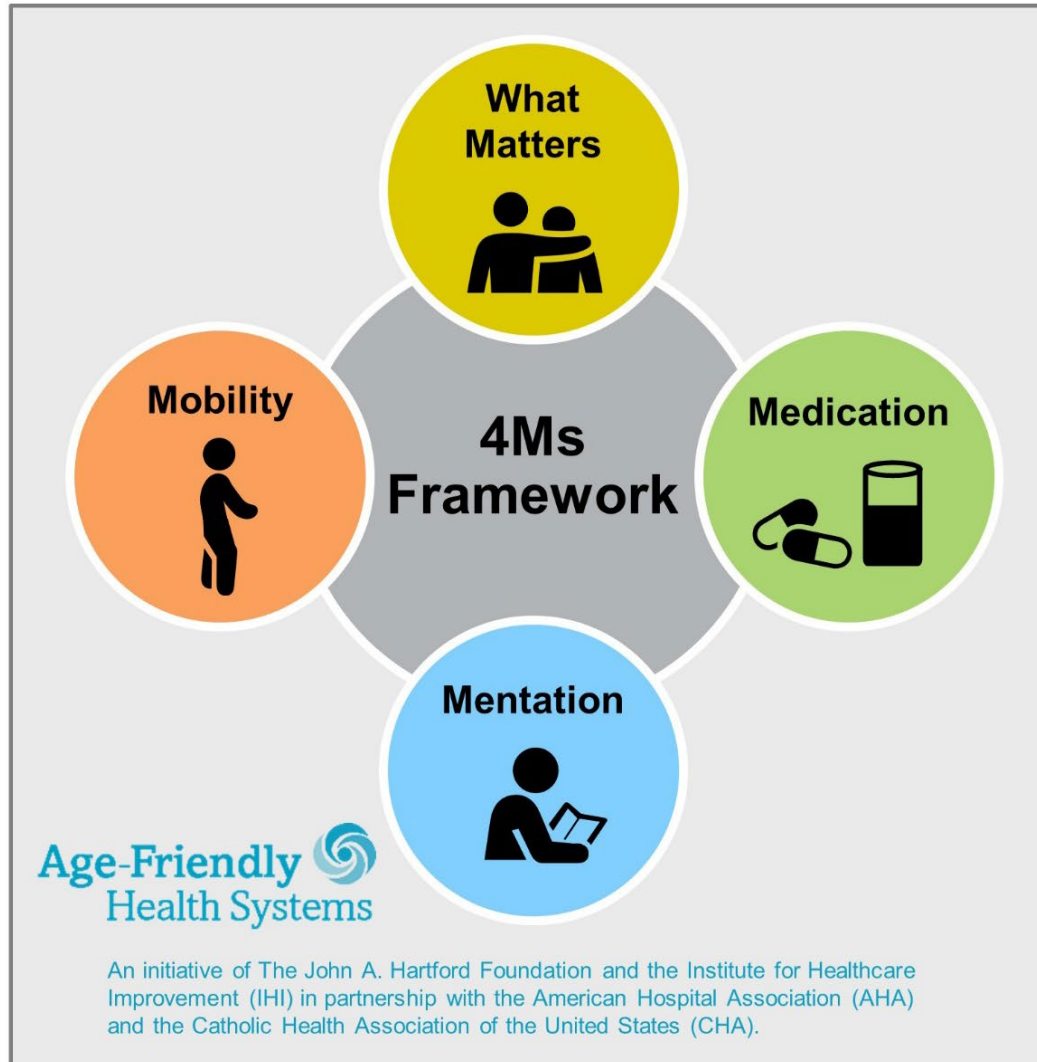


We have a lot of evidence-based geriatric-care models of care that have proven very effective.

Yet, most reach only a portion of those who could benefit

- Difficult to disseminate and scale
- Difficult to reproduce in settings with less resources
- May not translate across care settings

The 4Ms of Age-Friendly Care



What Matters

Know and align care with each older adult's specific health outcome goals and care preferences including, but not limited to, end-of-life care, and across settings of care.

Medication

If medication is necessary, use Age-Friendly medication that does not interfere with What Matters to the older adult, Mobility, or Mentation across settings of care.

Mentation

Prevent, identify, treat, and manage dementia, depression, and delirium across settings of care.

Mobility

Ensure that older adults move safely every day in order to maintain function and do What Matters.

Source:
www.ihf.org/AgeFriendly

Age-Friendly Health System Measures

All measures to be stratified by age, race and ethnicity

Access to Care:

- Count of older adults who receive care (*numerator*)
- Count of 65+ population in capture region (*denominator*)

Access to 4Ms in the Health System:

- Count of older adults whose care includes the 4Ms (numerator)
- Count of older adults who receive care (denominator)

Process Measures:

- What Matters
 - Advanced Care Plan (ACP) documentation National Quality Forum (NQF 326)
 - What Matters documentation
- Medication
 - Presence of any of seven high-risk medications
- Mentation: Screened for and documented
 - Depression
 - Dementia
 - Delirium (hospital only)
- Mobility: Screened for mobility

Outcome Measures:

- 30-day readmissions
- HCAHPS/CG-CAHPS
- Length of stay
- Emergency department utilization
- Delirium



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Mountain-Pacific and Our Data Dashboards

Ray Tupling



Townhall Discussion: What Matters in Your Communities

Wyoming community members:

JoAnn Farnsworth – Weston County Health Care

Sabine Schenck – Patient and Family Advisor

James Whipps – Natrona County Coroner

Stacey Pfielsticker – Wyoming Medical Center/
Banner Health



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Decreasing Opioid Abuse



Prevention, Treatment and Recovery



What do you feel are the three most effective ways health care systems can help improve the awareness, prevention, treatment options and recovery of opioid misuse in your community?



How can health care providers be more supportive of using alternative pain management strategies?



What are your suggestions to improving the access to and awareness of medication assisted treatment programs around your community?



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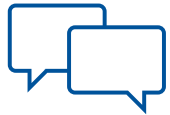
Chronic Disease Management



Chronic Disease Management



What has been your method of knowing what resources are available in your community to help with things like managing diabetes or high blood pressure? How could this be improved?



What has been your experience accessing your providers to manage your health?



Have you used telehealth? If so, how has that experience been for you?



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Care Coordination



Care Coordination

3

What are the three biggest obstacles or challenges when someone is discharged from the hospital or emergency department (ED)?



What are the challenges with the discharged patient having enough information and/or resources to prevent the need to be re-hospitalized or go to the ED again?



How can our health care systems be more collaborative with each other to ensure patients don't end up with unnecessary medications, tests or labs?



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COVID-19 and Infection Control



COVID-19 and Infection Control



When using the services of, visiting or working in a **long-term care setting**, such as a nursing home or assisted living facility, what factors for **preventing infections**, such as COVID-19 and other illnesses, **make you feel safe** as a patient, family, friend or staff member?



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Immunizations



Immunizations



What do you feel our health care system can do to help improve trust in the COVID-19 vaccine? How about the flu vaccine? How about the pneumonia vaccine?



What are some ideas for activating and engaging your community in educational and awareness opportunities to improve vaccination rates?

Leaving in Action!

Identifying Action for Our Coalitions and
Nursing Homes



Questions?

JOIN US FOR THE REGIONAL CALL ON TUESDAY, OCT. 26
11 AM HST | 1 PM AKDT | 3 PM MDT | 7 AM GUAM

Register in advance for the regional call:

https://mpqhf.zoom.us/meeting/register/tJArfu2rrDMpGN1hF-v48NCvaZNnD_ng6JBK

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