

Gradual Dose Reduction: Lessons from the Field

Part 2: April 5

Partner Spotlight:
Wind River Rehabilitation & Wellness

2:30 PM MDT



Introductions

Partner Spotlight:



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Wind River Rehabilitation And Wellness



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What's ahead?

- Why the continued focus?
- Partner Spotlight: Wind River Rehabilitation and Wellness
- Interdisciplinary Team Approach (IDT) Highlights and Tips
- Ask a Pharmacist

Why are we focusing on this?



Aim to enhance the quality of life for our elders



Protect from substandard care

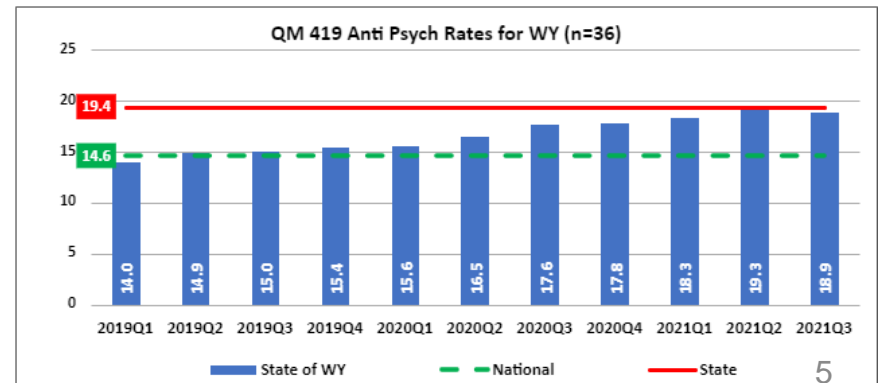
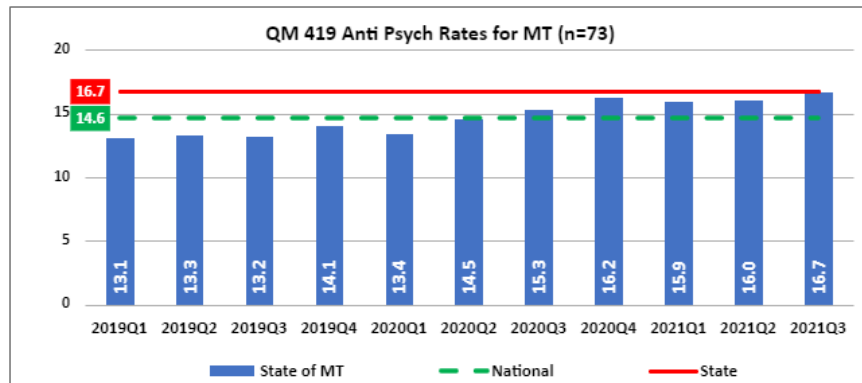
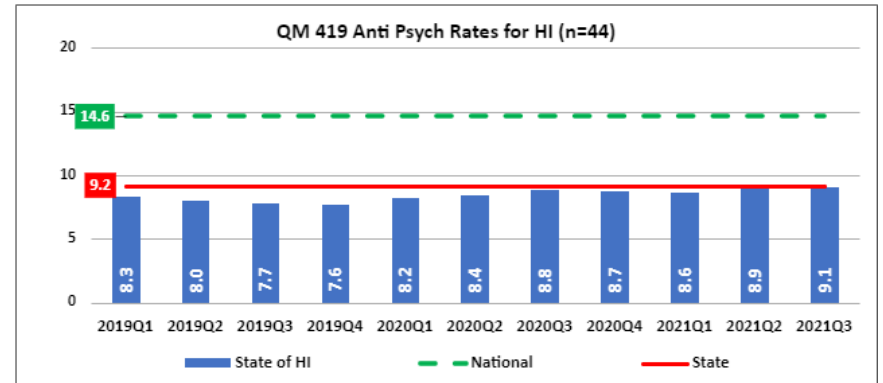
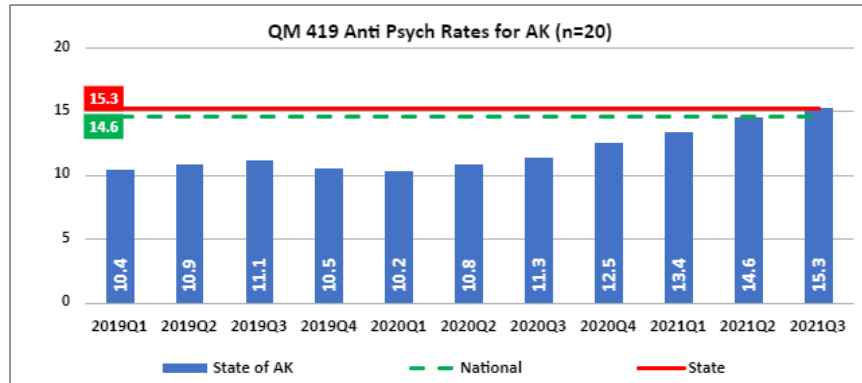


Promote person-centered care for every nursing home resident



Provide support and education

Here's the why once more...





Partner Spotlight: Wind River Rehabilitation and Wellness

GDRs

Gradual Dose Reductions



F757 Unnecessary Medications

758 Psychotropic Medications



Yes, these are on our minds



History of misuse!



Mindful of folks with dementia



Black box warnings



Centers for Medicare & Medicaid Services (CMS) class concerns

Some things that have worked in our center...

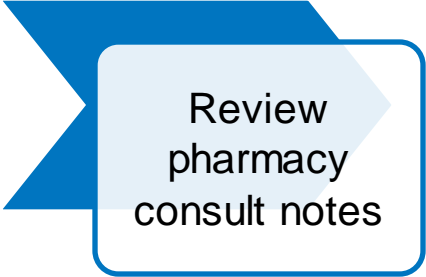
- Use the bed board
- Break down resident list by week and meet with “team”
- Who’s on the team?
 - DNS, SSD, MDS, at least... ED, LN (who is on the floor in that hall)
 - CNA
- Just getting medical director onboard; review at QAPI meetings
- Is this for real? With all the staffing issues, yes!
- Reasons behind how important input is

What happens at the meetings...




*Side note: Behaviors do not always get charted!

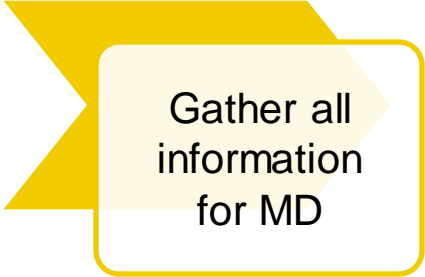
What happens at the meetings... (cont.)



Review
pharmacy
consult notes



Make a note



Gather all
information
for MD

Getting the MD's buy-in

Whew! This has been trying...

- Monthly pharmacy consult
- Face-to-face
- Just get the medical director onboard
- Hand out regulation... with a smile!



A couple tricks



Stories about residents with successful GDR



Remind MD:
We are the ones who deal with the resident.



Get families onboard.



Don't forget non-medical interventions/ activities!



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Questions?

Thank you, Wind River Rehabilitation and Wellness!



Strategies for the Team

Geriatric Educational Resources

- Offer training
- Implement programs
- Learn from other facilities
- Family educational offerings



Strategies for the Team

Clinical Tools

- Review nursing process
- Situation-Background-Assessment-Recommendation (SBAR)
- Develop policies
- Medical director involvement
- ALL team effort
- Pharmacy partners



Ask a Pharmacist



Q&A

Questions?

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Resources

Quality Measure Tip Sheet

<https://www.mpqhf.org/QIO/quality-improvement-tools-resources/nursing-home-quality-improvement-tools-resources/>

Antipsychotic Use by State

<https://www.cms.gov/files/document/antipsychotic-use-state-2020q3-2021q2-updated-01142022.xlsx>

F-Tag of the Week

<https://cmscompliancegroup.com/2017/10/06/f758-unnecess-psychotropic-prn/>

Antipsychotic Reduction Resident Prioritization Tool

<https://nhqualitycampaign.org/tag/antipsychotics/>

Antipsychotic Medication Tool Kit (Texas): Included Educational Resources

<https://www.hhs.texas.gov/sites/default/files/documents/services/health/medicaid-chip/programs/qipp/qipp-antipsychotic-medications.pdf>