

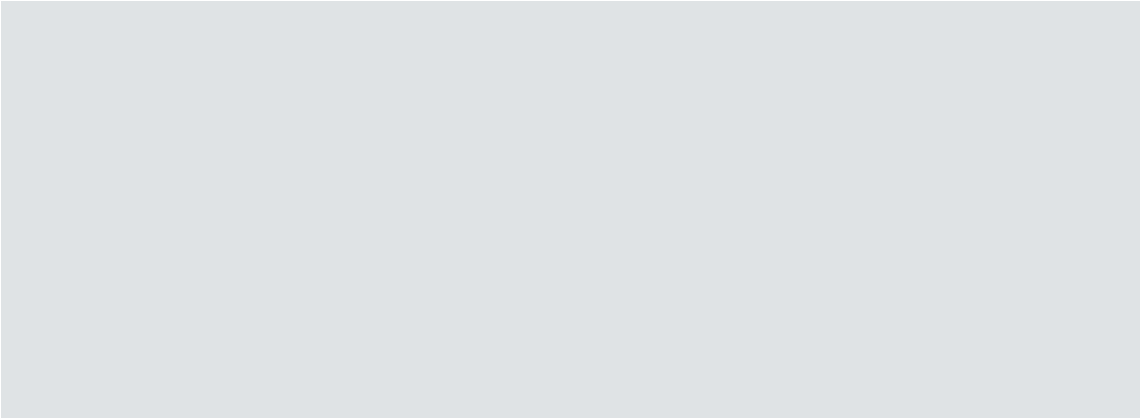


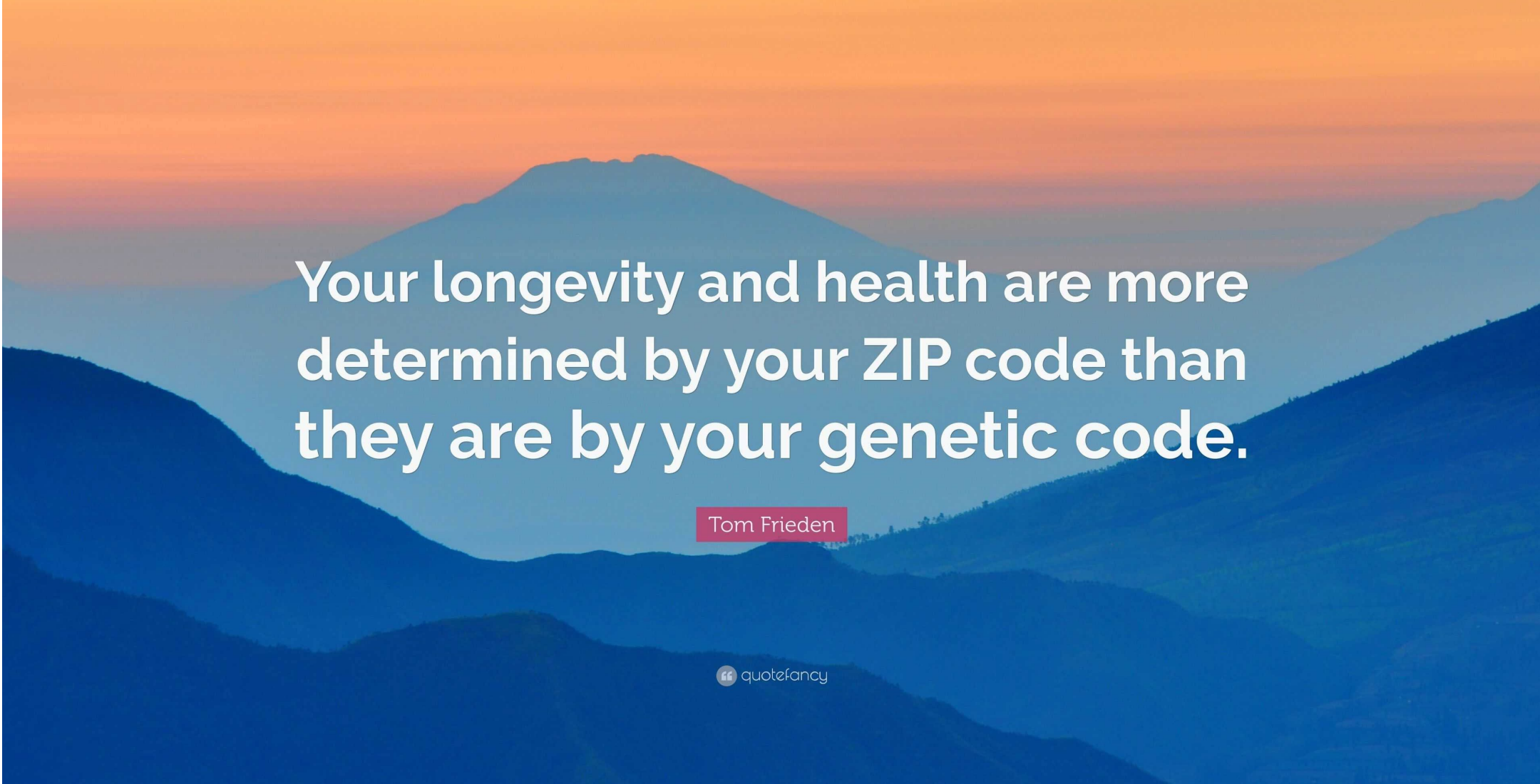
COMMUNITIES Alaska



100% COMMUNITIES ALASKA: CENTRAL KENAI PENINSULA

Abby Struffert
Independent Consultant
Southcentral Consulting
Southcentralconsultingak@gmail.com
907.252.1772





Your longevity and health are more determined by your ZIP code than they are by your genetic code.

Tom Frieden

quotefancy

Why Assess a State's Social Determinants of Health?

Families and community residents across the United States lack access to vital services important for health, well-being, and flourishing. To close these gaps, it is critical to assess adverse social determinants of health and build community infrastructure to address barriers to service access.

Social Determinants of Health (SDH) The “conditions in the places where people live, learn, work, and play that affect a wide range of health and quality-of life risks and outcomes.”
– Healthy People 2030

The ability of communities to promote positive SDH and reduce disadvantages relies on **understanding how services are connected and addressing barriers to access that families experience.**

Abby Struffert
Independent Consultant
Southcentral Consulting
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907.252.1772

5 SERVICES FOR SURVIVING

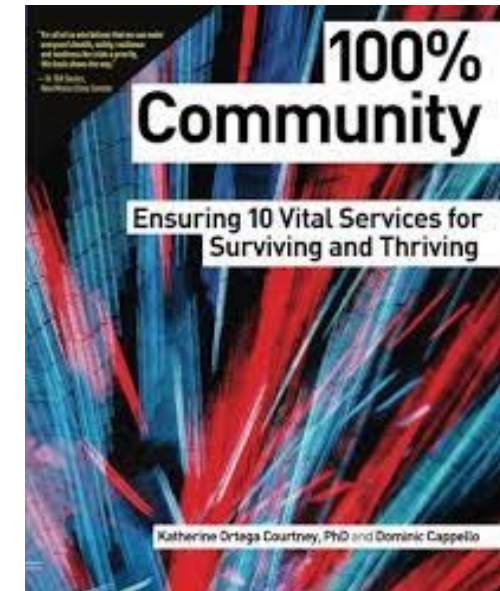
-  Medical and dental care
-  Behavioral health care
-  Housing security programs
-  Food security programs
-  Transportation to vital services

5 SERVICES FOR THRIVING

-  Parent supports
-  Early childhood education
-  Community schools
-  Youth mentor programs
-  Job training

100% Communities Ensuring 10 Vital Services for Surviving and Thriving

**Katherine Ortega Courtney,
PhD &
Dominic Cappello**



**ANNA,
AGE EIGHT
INSTITUTE**



5 SERVICES FOR SURVIVING

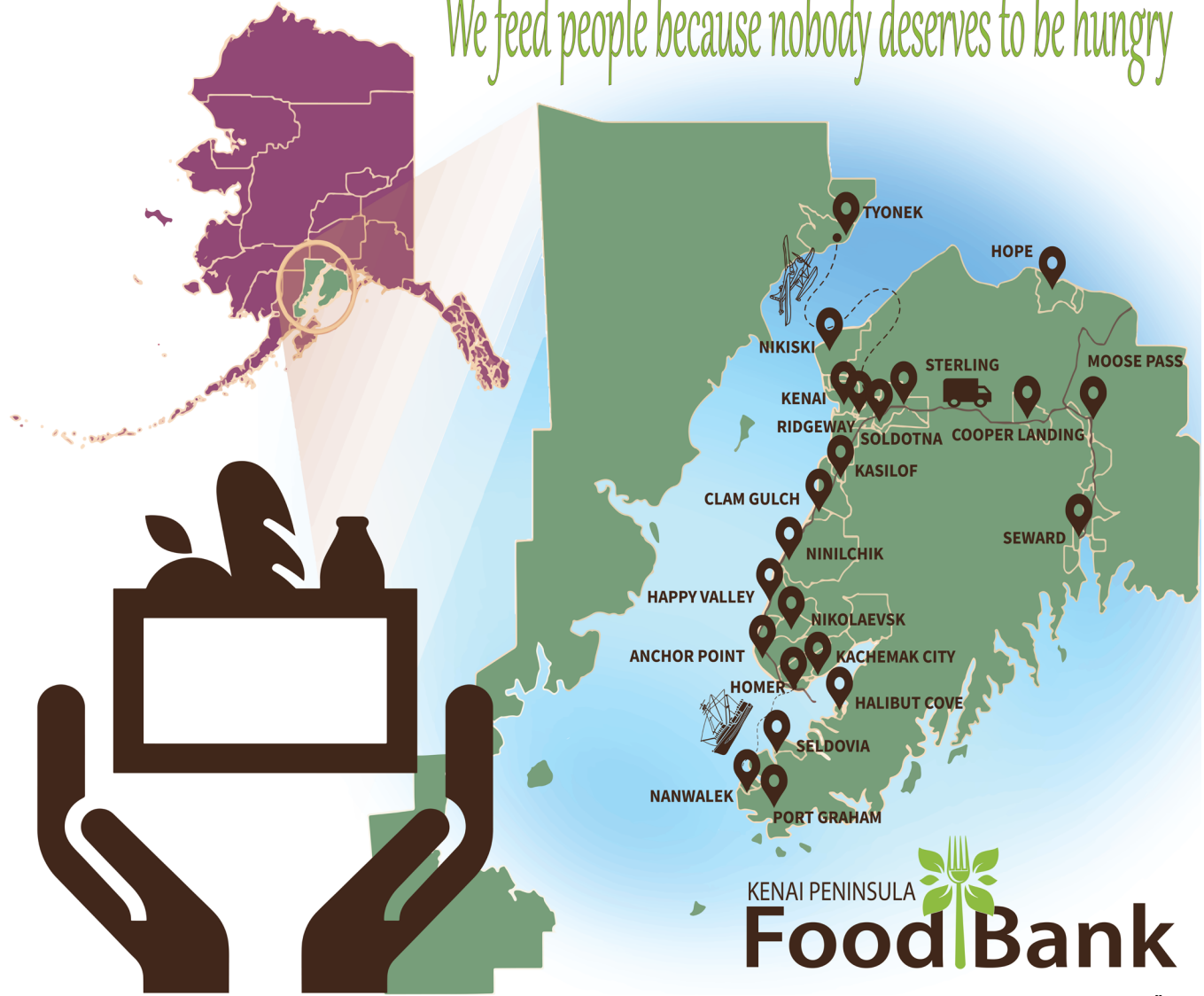
-  Medical and dental care
-  Behavioral health care
-  Housing security programs
-  Food security programs
- 

5 SERVICES FOR THRIVING

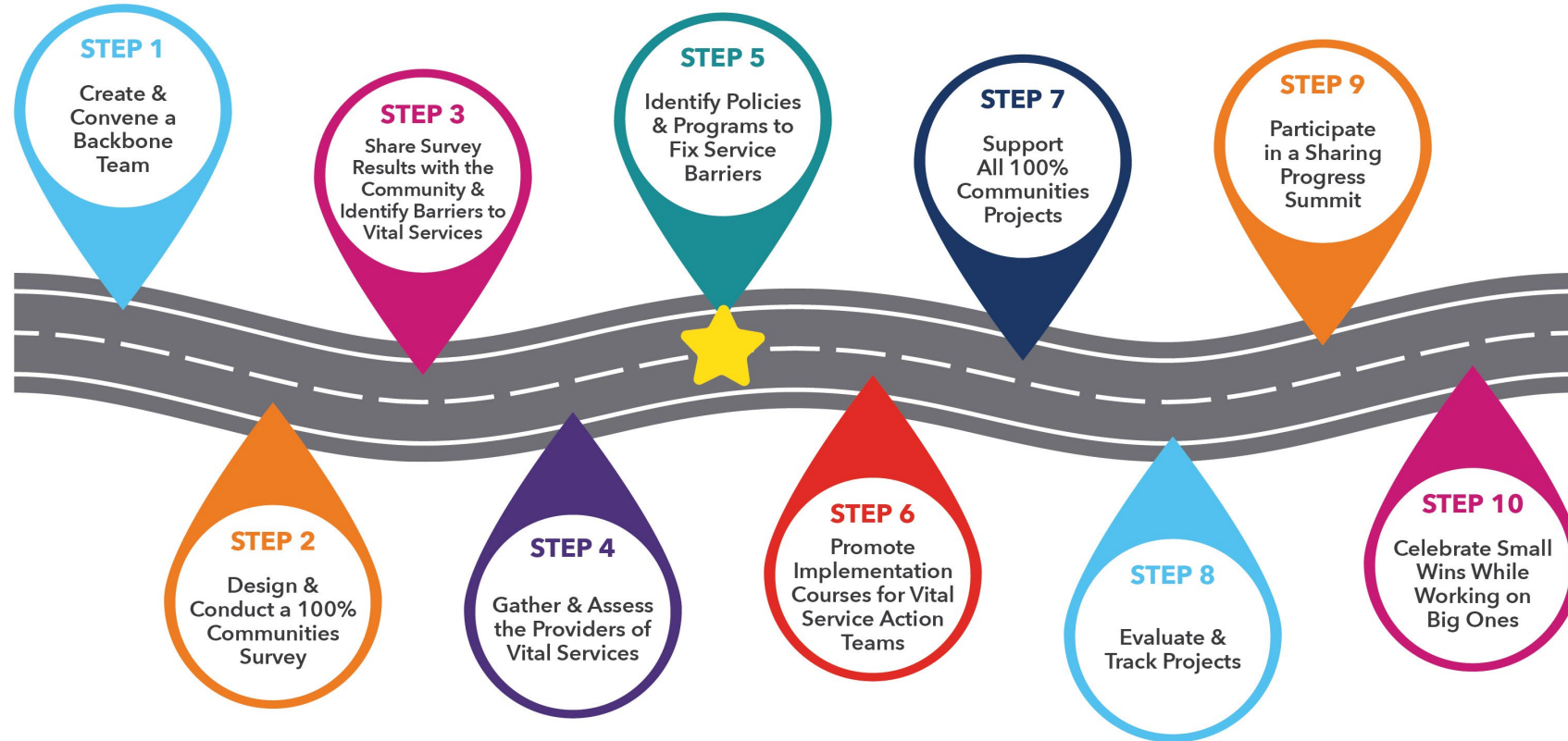
-  Parent supports
-  Early childhood education
-  Community schools
-  Youth mentor programs
- 

SERVING THE ENTIRE KENAI PENINSULA ONE PERSON AT A TIME

We feed people because nobody deserves to be hungry



100% Communities Alaska Roadmap



100% Communities Alaska CQI Model



Report Identifying the Level of Accessibility of Vital Services

CENTRAL KENAI PENINSULA

There are 10 Vital Services for:

SURVIVING

&

THRIVING



Medical and dental care



Behavioral health care



Housing security programs



Food security programs



Transportation to vital services



Parent supports



Early childhood education



Community schools



Youth mentor programs



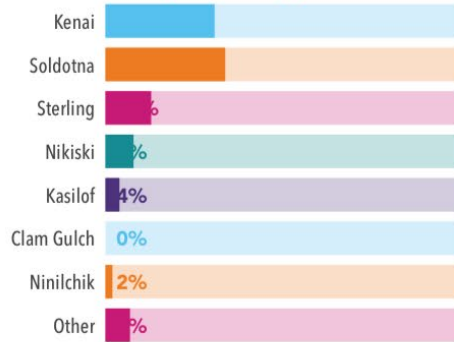
Job training

Partnered with:

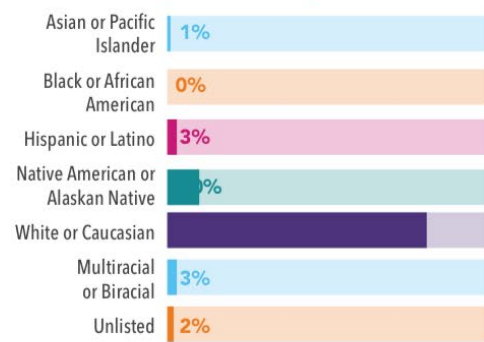


WHO COMPLETED THE SURVEY? 974 people

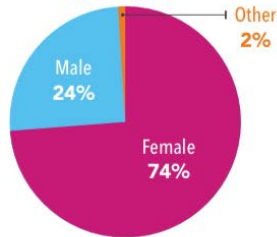
By Community



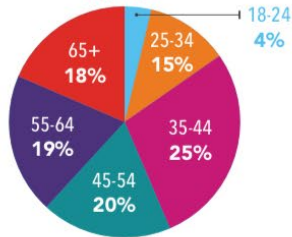
By Race/Ethnicity



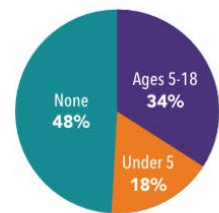
By Gender



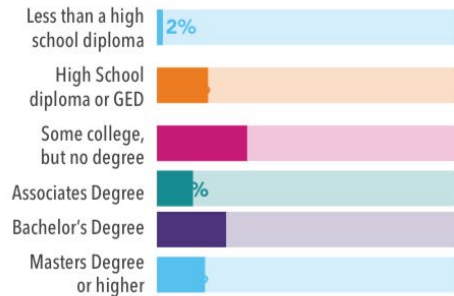
By Age



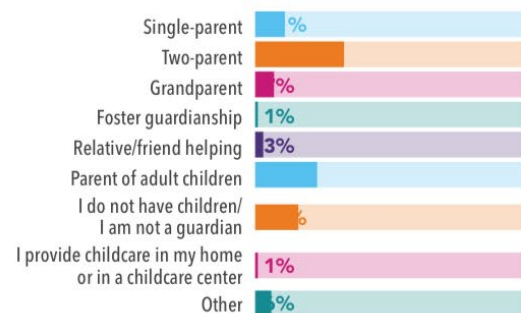
By Age of Children Living with Respondent



By Education Level



By Household Type



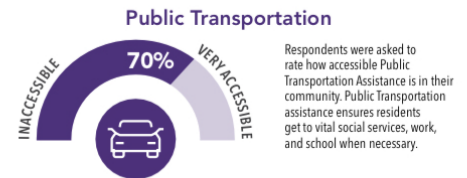
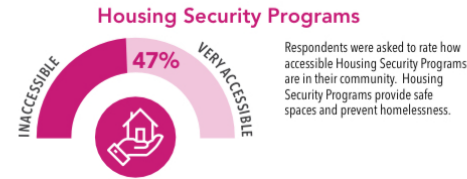
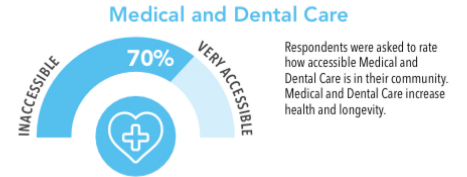
This report was produced by the Alaska Impact Alliance. Find out more at alaskaimpactalliance.com.

Our survey asked residents **IF THEY HAD ACCESS TO 10 VITAL SERVICES.**

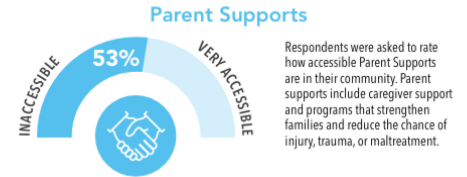
Peninsula Points on Prevention in collaboration with Change 4 the Kenai and Southcentral Alliance for Family Resilience (SAFR) conducted a survey of the Central Kenai Peninsula from December 2022 to January 2023 utilizing the 100% Community model by Katherine Ortega Courtney, PhD and Dominic Capella. The 100% Community model assesses the accessibility to ten vital services. The accessibility rating in each category is the weighted average of only those respondents who reported trying to access these resources and had an opinion about accessibility.

Very accessible means affordable, no long wait lists, and not difficult to get to.

5 Services For **SURVIVING**



5 Services For **THRIVING**



CENTRAL KENAI PENINSULA

Vital Services Action Teams

Food Action Team

100% means everyone in our community is fed and food insecurity is history. Food has everything to do with our health. If we eat right, we function better and we are healthier.

Team Leader: Greg Meyer, Executive Director of the Kenai Peninsula Food Bank

Kenai Peninsula Food Bank – The KPFB distributes food through an emergency food program, warehouse program for agencies, USDA commodity foods, and operates the Fireweed Diner, a soup kitchen.

For more information contact:
Greg Meyer (907) 416-7619 | kpfoodbank.org

Housing

100% means safe and stable homes are key to creating a secure, stable and healthy community for all.

Team Leaders: Leslie Rohr & Kathy Gensel

Love Inc.
Love Inc. in the Name of Christ of the Kenai Peninsula is an inter-denominational Christian organization that works with area churches and agencies to provide help to neighbors in need.

Leslie (907) 262-5140 | leslie@peninsulaloveinc.org
www.loveinc.org/love-inc-map/love-inc-of-kenai-peninsula/

Central Peninsula Health Foundation
Central Peninsula Health Foundation's mission is to support and advance the mission of Central Peninsula Hospital through philanthropy and to become the clearinghouse for philanthropic support for health and wellness programs serving our residents.

Kathy (907) 714-4626 | kgensel@cpgh.org
Central Peninsula Health Foundation: givingheals.org/about-us

Parent Supports

100% means all parents are empowered to succeed. A seamless system of support helps ensure every mom and dad can provide a safe and successful childhood for their children.

Team Leader: Abby Struffert, Coordinator of Southcentral Alliance for Family Resilience (SAFR)

SAFR
Building a resilient community through education, opportunities, support and connections.

For more information contact:
Abby (907) 252-1772 | southcentralconsultingak@gmail.com

Transportation

100% means all our residents get where they need to go. Family-friendly communities are places where public transport is efficient, accessible, affordable and safe.

Team Leader: Jodi Stuart, President of the Board, Central Area Rural Transit System (CARTS)

CARTS is the public transportation provider for the Central Kenai Peninsula. It provides safe, convenient public transportation services within the cities of Soldotna and Kenai, the communities of Funny River, Nikiski and Sterling.

For more information contact:
Jodi jodi.stuart@alaska.gov | ridecartsak.org

Medical/Dental Action Team

100% means all residents can easily access care. Staying healthy means having access to timely and affordable healthcare.

Team Leader: Shari Conner, Clinic Manager, Clinic Manager at Serenity House, Central Peninsula Hospital & Facilitator of Change 4 the Kenai

Serenity House
Serenity House Treatment Center is a 12-bed intensive residential treatment center for people who struggle with substance use disorders.

For more information contact:
Shari (907) 714-4521 | sconner@cpgh.org
Change 4 the Kenai: connectkenai.org
Serenity House: www.cpggh.org/services/behavioralhealth/services/serenityhouse

Behavioral Health

100% means all our residents can connect with care and feel empowered to use it. We need to create a seamless system of care for our community members to access mental health care.

Team Leader: Alecia Gottlob, Project Coordinator, Cook Inlet Counseling

Cook Inlet Counseling
Cook Inlet Counseling, strives to provide an understanding and supportive environment for healing from trauma and substance use through building internal wellness and connection for adults and youth.

For more information contact:
Alecia (907) 283-3658 | alecia.gottlob@alaskacicada.org
cookinletcounseling.org

CENTRAL KENAI PENINSULA

Vital Services Action Teams

Early Childhood Learning

100% means all of our children benefit. We ensure that it is a part of every child and parent's life. Early childhood education has the capacity to empower us at a very young age.

Team Leader: Renee Lipps, *Prevention Coordinator, The LeeShore Center; Facilitator of Peninsula Points on Prevention (PPOP); and Co-Facilitator of Change 4 the Kenai*

Peninsula Points on Prevention

Enacting a positive change in our community's health and safety through collaborative prevention efforts in the Central Kenai Peninsula. Ensuring education and resources are readily available fostering a safe, supportive, and healthy community. With a focus on the reduction and elimination of power-based violence (domestic violence, sexual assault, teen dating violence and bullying) in our community.

For more information contact:

Renee (907) 283-9479 | rlipps@leeshoreak.org
peninsulaprevention.org

Community Schools

100% means all students have the resources needed to succeed. Today we can create "community schools" with the resources to ensure all students are successful.

Team Leader: Ashley Blatchford, *Education & Training Coordinator, The LeeShore Center and Co-Facilitator Central Peninsula Batters Intervention Program*

The LeeShore Center

To promote healthy families and a violence free community while providing a safe haven for victims of domestic violence and sexual assault. To be an instrument of change on the Kenai Peninsula to create a non-violent community where all individuals are treated with respect and basic human dignity.

Contact Information

Ashley (907) 283-9479 | ablatchford@leeshoreak.org
leeshoreak.org

Youth Mentoring

100% means all our boys and girls have a trusted, caring and committed mentor. We can collaborate to ensure that mentorship is a part of every young person's life.

Team Leader: Chloe Bowman, *Youth Outreach Advocate, The LeeShore Center*

Youth Advocacy

In a cooperative effort between The LeeShore Center and the Kenai Peninsula Borough School District, the Youth Outreach Advocate provides age-appropriate Healthy Relationships/ Violence Prevention presentations.

Contact Information

Chloe (907) 283-9479 | cbowman@leeshoreak.org
leeshoreak.org/school

Job Training/Higher Education

100% means all our residents have a path to a livelihood. All residents can succeed with jobs, steady incomes and opportunities for advancement. It means we design a system of job training and placement, and opportunities for a higher education.

Team Leader: Heidi Graves, *Learning Center Director, Kenai Peninsula College*

The Learning Center

The Learning Center is your resource for testing, tutoring and other academic support services. Whether you need some extra help studying for an exam, weekly tutoring, or just a quiet place to work on assignments, the KPC Learning Center is the place to go.

Contact Information

Heidi (907) 262-0328 | hagraves@alaska.edu
kpc.alaska.edu/academics/academic-resources/the-learning-center

If you are interested in knowing more about any of these action teams or working alongside our action team members,
please reach out to the contact listed.

This report was produced by the Alaska Impact Alliance. Find out more at alaskaimpactalliance.com.

Monthly
Meetings

Quarterly
Meetings

Annual
Meetings

10
Action
Teams
(individually)

10
Action
Team
Leads

10
Action
Teams
(Collectively)



WHAT IS THE ALASKA IMPACT ALLIANCE?

A STATEWIDE ALLIANCE OF
PREVENTION PARTNERS
JOINING COMMUNITIES IN
IMPLEMENTING SUPPORTS
FOR CHILDREN AND
FAMILIES.



ALASKA IMPACT ALLIANCE RESOURCES & SUPPORT

100% COMMUNITIES ALASKA
SURVEY ENHANCEMENTS

100% COMMUNITY REPORTS

ONLINE COMMUNITY
DASHBOARDS

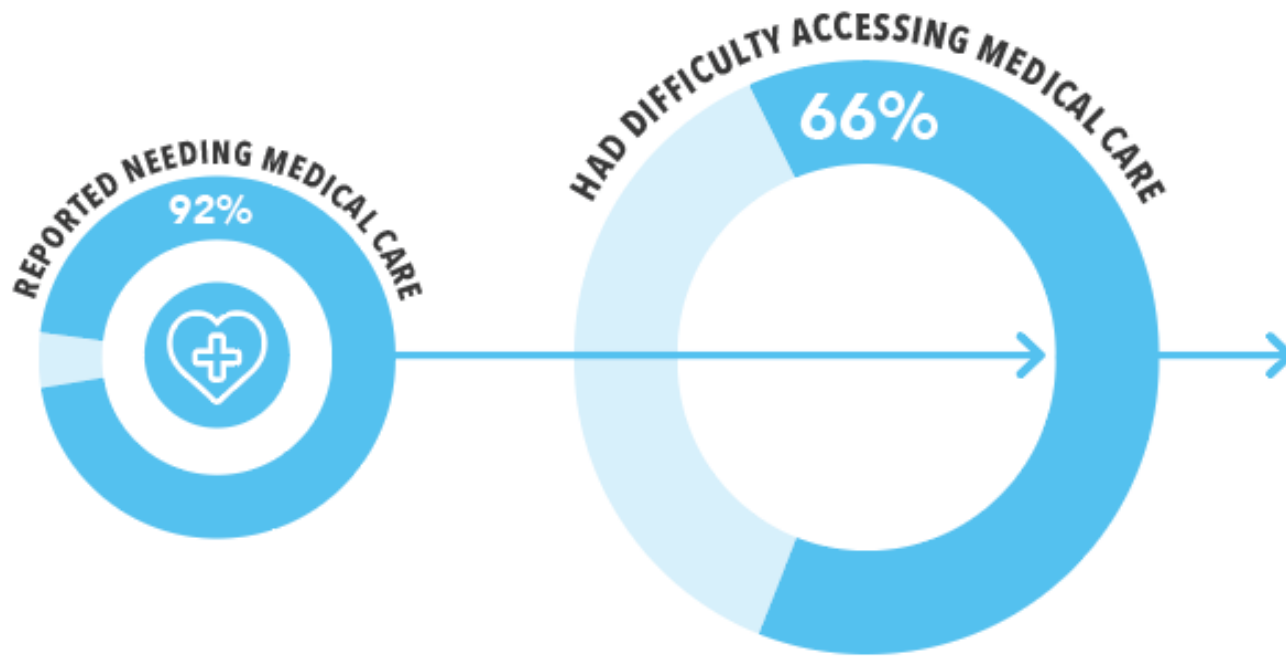
RESOURCE NAVIGATION:
ONLINE RESOURCE DATABASE



Report Identifying
Vital Services
Accessibility

**METLAKATLA
INDIAN COMMUNITY**

Medical Care

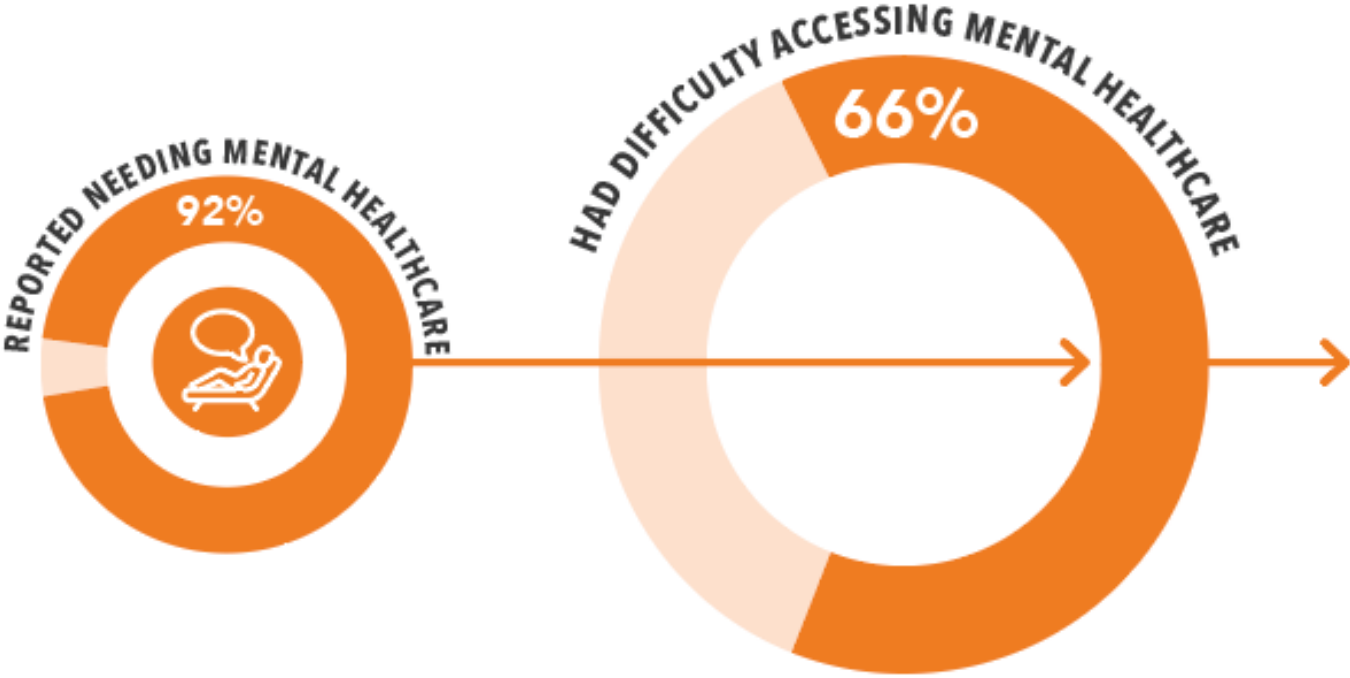


BARRIERS TO GETTING MEDICAL CARE

18%	It takes too long to get an appointment
10%	I can't find a quality provider
9%	They don't accept my insurance
7%	Costs too much
7%	The co-pays are too high
5%	I don't have insurance
5%	I feel uncomfortable going
5%	No internet access
4%	I don't have reliable transportation
4%	They don't speak my language
4%	It's too far away
3%	I didn't encounter any barriers
2%	Other (please specify)

100% COMMUNITIES ALASKA
SURVEY ENHANCEMENTS

Mental Healthcare



BARRIERS TO GETTING MENTAL HEALTHCARE

18%	It takes too long to get an appointment
10%	I can't find a quality provider
9%	They don't accept my insurance
7%	Costs too much
7%	The co-pays are too high
5%	I don't have insurance
5%	I feel uncomfortable going
5%	No internet access
4%	I don't have reliable transportation
4%	They don't speak my language
4%	It's too far away
3%	I didn't encounter any barriers
2%	Other (please specify)

100% COMMUNITIES ALASKA
SURVEY ENHANCEMENTS



CONTACT US



- THE ALASKA FAMILY RESOURCE CENTER NETWORK
- CULTURALLY-TAILORED PRACTICE
- PROMISING & EVIDENCE-BASED PRACTICE CLEARINGHOUSE
- 100% COMMUNITIES ALASKA
- MEDICAID WAIVER HOME-BASED FAMILY TREATMENT SERVICES PLAYBOOK

5 SERVICES FOR SURVIVING		5 SERVICES FOR THRIVING	
	Medical and dental care		Parent supports
	Housing security programs		Community schools
	Behavioral health care		Early childhood education
	Food security programs		Youth mentor programs
	Transportation to vital services		Job training



Community Dashboards












Central Kenai Peninsula



CONTACT US



- THE ALASKA FAMILY RESOURCE CENTER NETWORK
- CULTURALLY-TAILORED PRACTICE
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Community Dashboards

Central Kenai Peninsula

5 SERVICES FOR SURIVING		5 SERVICES FOR THRIVING	
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Transportation to vital services		Job training	

Community Dashboards

KENAI

CENTRAL KENAI PENINSULA REPORT HERE

JUNEAU

COMING SOON

METLAKATLA

METLAKATLA REPORT HERE



RESOURCES

Community Resources



Community Resource Guide

The Community Resource Guide helps to connect community members with available resources, and to assist public services, volunteers and business members identify the needs of families and connect them to available resources. Updated with new resources as of March 2024.



Central Kenai Peninsula

Southern Kenai Peninsula

Seward

COMMUNITY

RESOURCES

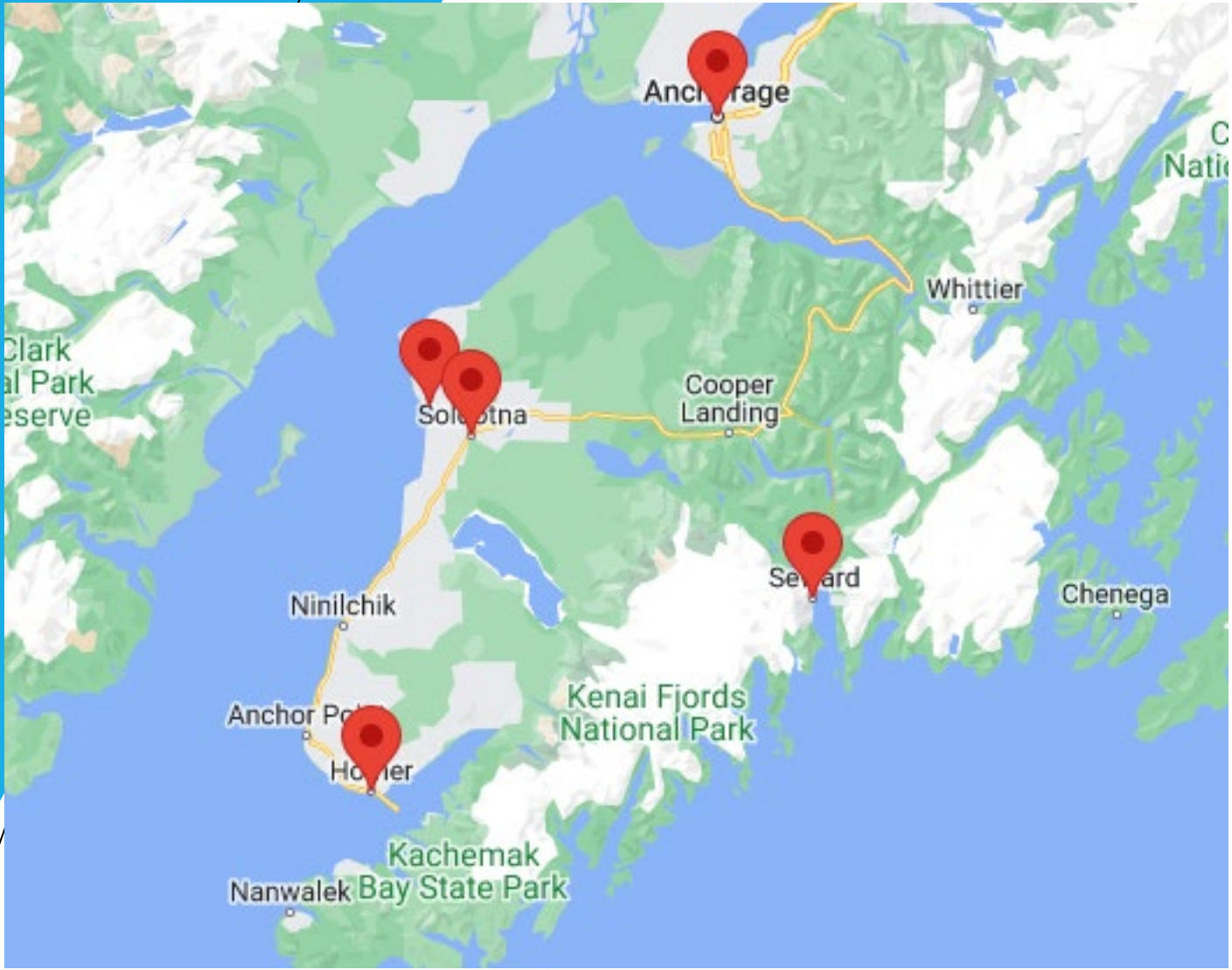


Your Guide For
Basic Needs
On The



- Participating Communities
- Not Yet Participating





Kenai, AK, USA (and surrounding areas)



Medical and Dental Care

ALASKA STATE TROOPERS (CENTRAL KENAI PENINSULA) - 907-262-4453

ALASKA STATE TROOPERS (NINILCHIK) - 907-567-3660

ALASKA STATE TROOPERS (SEWARD) - 907-224-3346

ALASKA STATE TROOPERS (ANCHOR POINT) - 907-235-5511

[ABC LIFE CHOICES](#)

[ALASKA TOBACCO QUIT LINE](#)

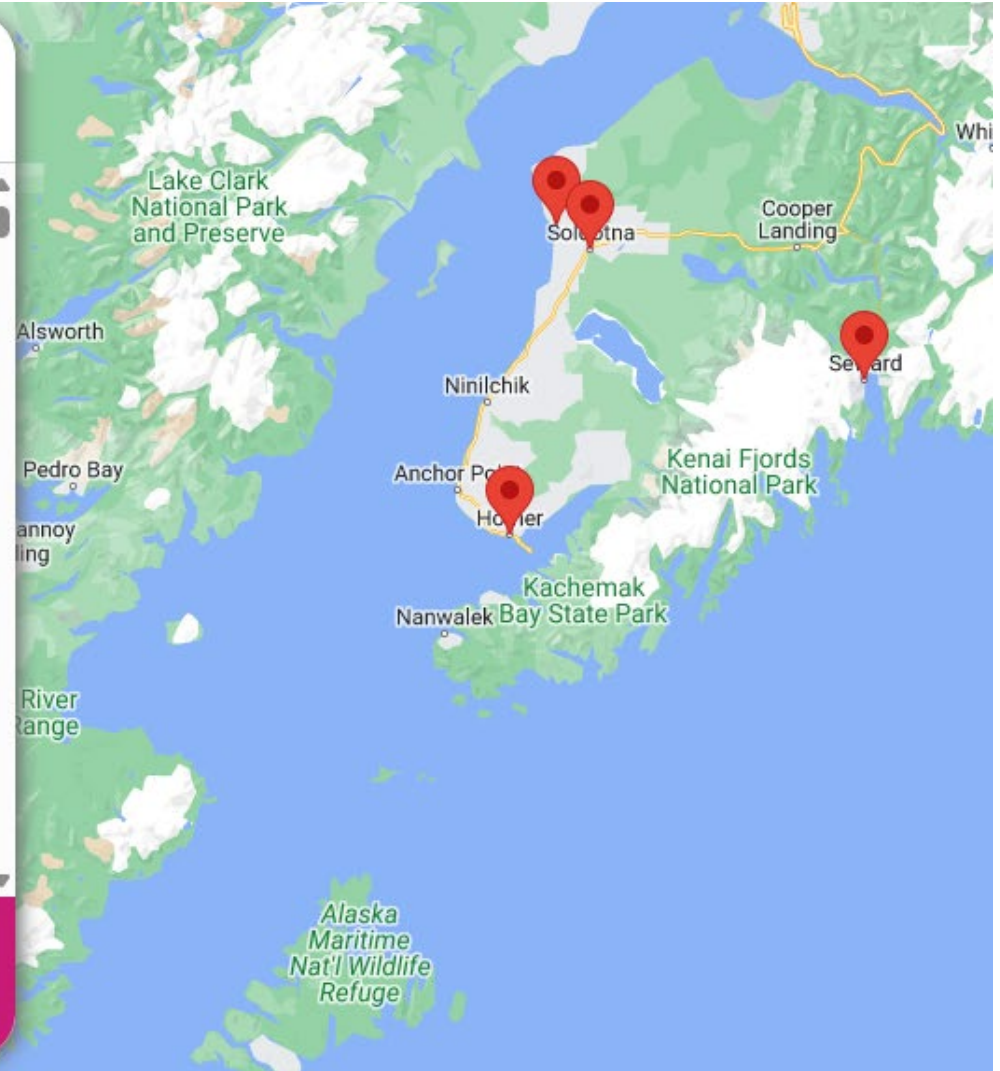
[ALASKA WOMEN'S HEALTH SERVICES](#)

ALASKA BREAST & CERVICAL SCREENING ASSISTANCE PROGRAM - 1-800-410-6266

[CENTRAL PENINSULA HOSPITAL](#)

CENTRAL PENINSULA URGENT CARE (KENAI) - 907-714-5740

[GET MORE INFORMATION ABOUT THIS COMMUNITY](#)



Kenai, AK, USA (and surrounding areas)



Behavioral Health Care

[ABC LIFE CHOICES](#)

[AKEELA - KENAI](#)

[AL ANON](#)

[ALASKA CRISIS LINE HOMER \(SUICIDE PREVENTION\) - 907-235-0247](#)

[ALASKA CRISIS LINE KENAI \(SUICIDE PREVENTION\) - 907-714-5353](#)

[ALASKA CRISIS LINE STATEWIDE \(SUICIDE PREVENTION\) - 988](#)

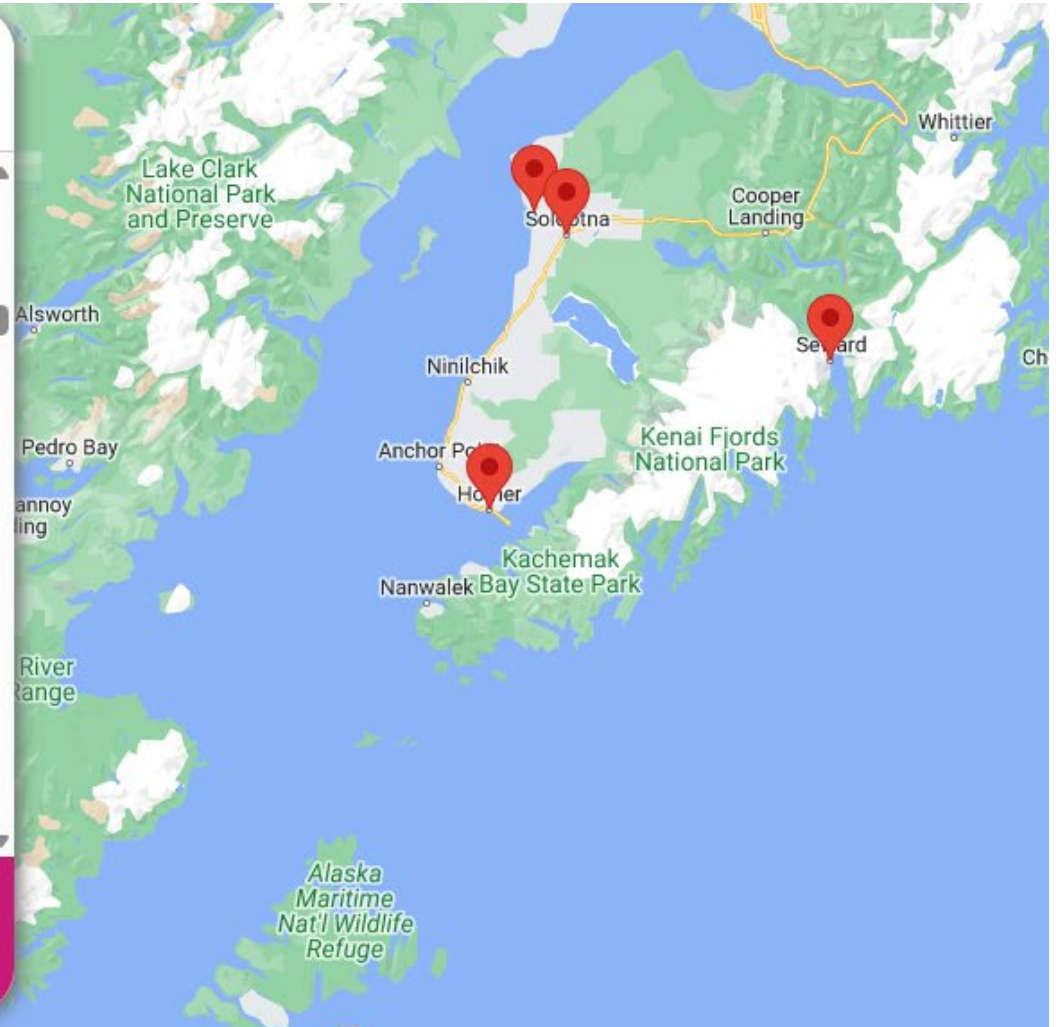
[ALASKA LEGAL SERVICES](#)

[ALASKA WOMEN'S HEALTH SERVICES](#)

[CENTRAL PENINSULA HOSPITAL - BEHAVIORAL HEALTH DEPARTMENT](#)

[CHANGE 4 THE KENAI COALITION - 907-714-4521](#)

[GET MORE INFORMATION ABOUT THIS COMMUNITY](#)



Kenai, AK, USA (and surrounding areas)



Housing Security Programs

AHFC PUBLIC HOUSING ASSISTANCE (HOMER)

AHFC PUBLIC HOUSING ASSISTANCE (KENAI)

BEAUTY FOR ASHES - 907-252-7264

AHFC PUBLIC HOUSING ASSISTANCE (SEWARD)

FRIENDSHIP MISSION

KENAI PENINSULA HOUSING INITIATIVES (HOMER) - 907-235-4357

KENAI PUBLIC ASSISTANCE OFFICE

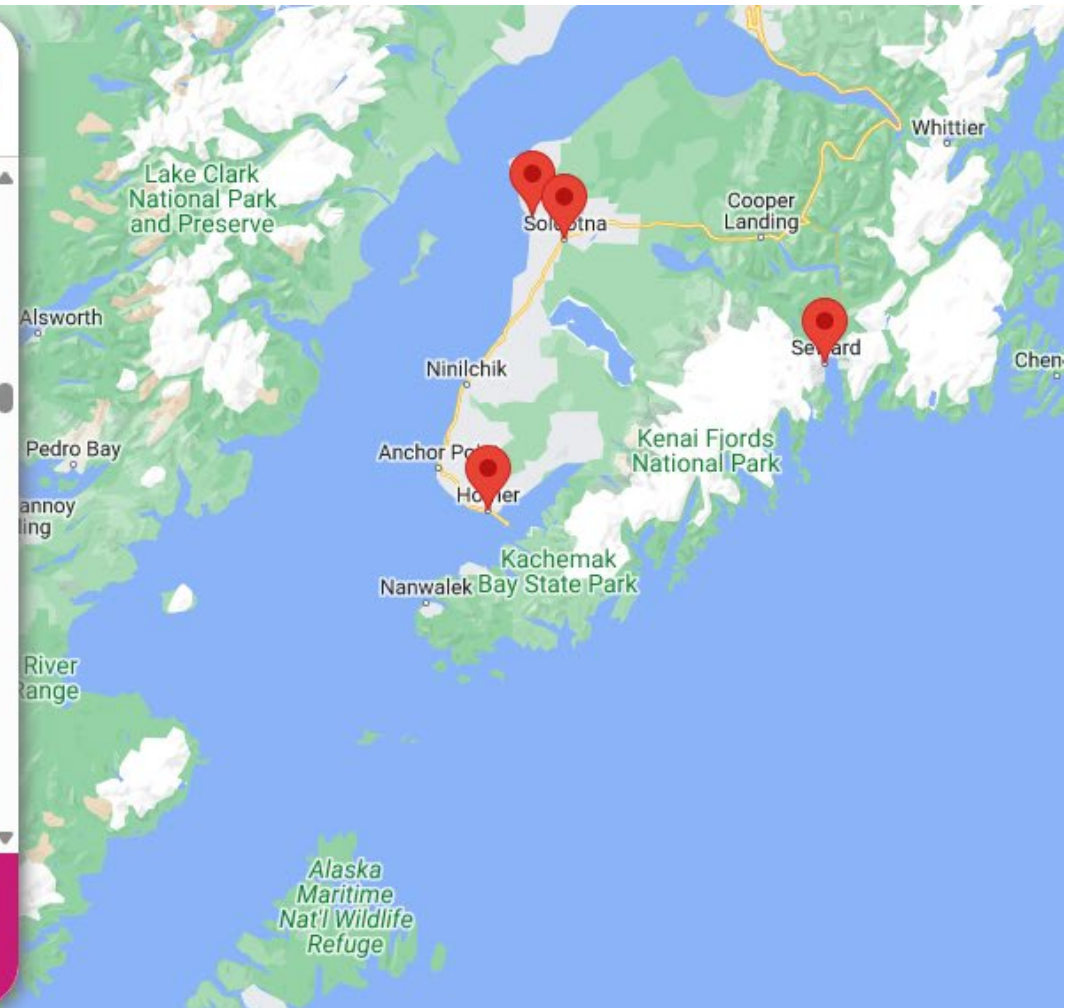
KENAITZE SALAMANTOFF HOUSING - 907-335-7228

LEESHORE CENTER

MENS FRIENDSHIP MISSION - 907-283-5277

RURAL CAP HOUSING PROGRAM - 907-283-6640

[GET MORE INFORMATION ABOUT THIS COMMUNITY](#)



Kenai, AK, USA (and surrounding areas)

Food Security Programs

ANCHOR POINT FOOD PANTRY

FOOD BANK OF ALASKA - 907-222-3119

HE WILL PROVIDE FOOD PANTRY (SEWARD)

HOMER COMMUNITY FOOD PANTRY

KASILOF COMMUNITY CHURCH

KENAI PENINSULA FOOD BANK

KENAI PUBLIC ASSISTANCE OFFICE

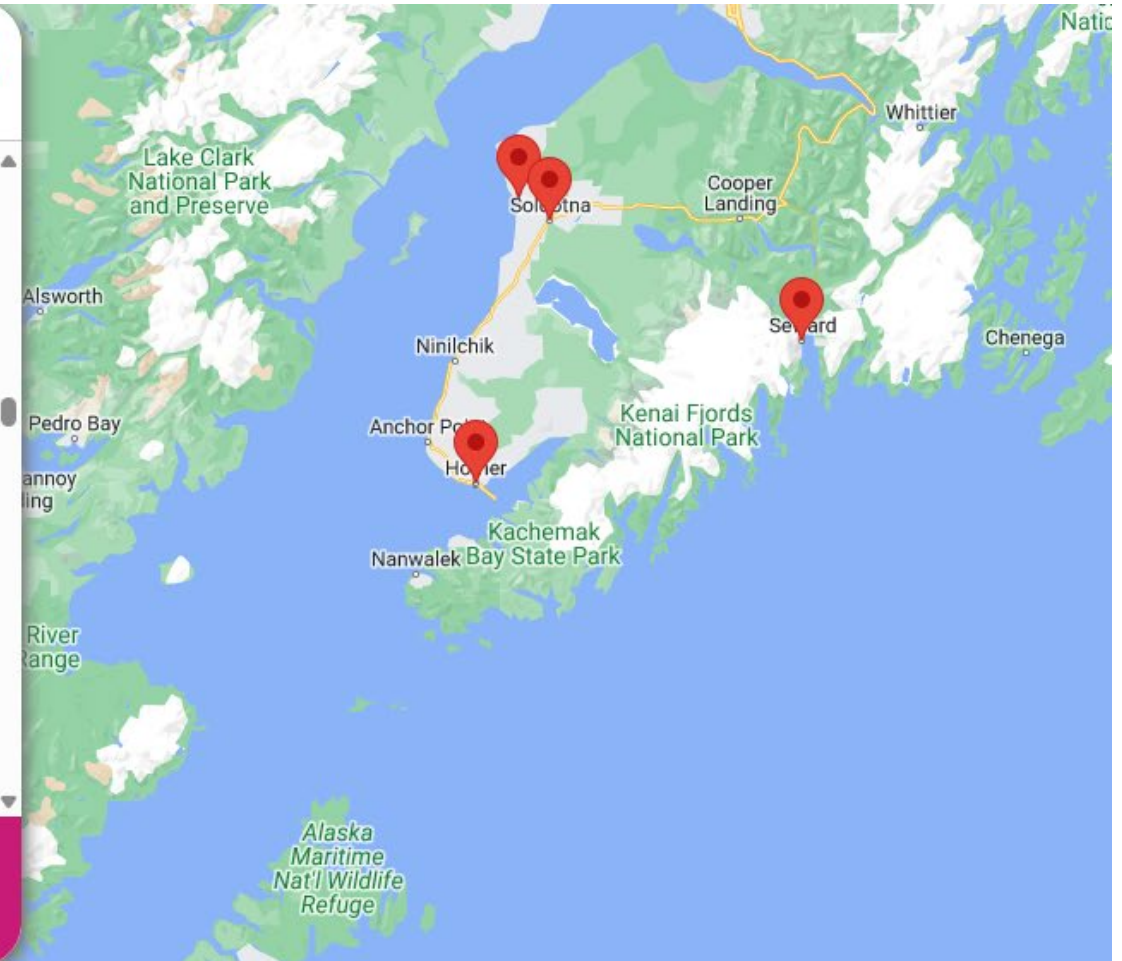
KENAI UNITED METHODIST CHURCH

KENAITZE INDIAN TRIBE

KENAITZE FOOD CACHE - 907-335-7600

LOVE INC

[GET MORE INFORMATION ABOUT THIS COMMUNITY](#)



Kenai, AK, USA (and surrounding areas)

Transportation to Vital Services

ALASKA BUS COMPANY

ALASKA CAB

CENTRAL AREA RURAL TRANSIT CENTER

FRONTIER COMMUNITY RESOURCES

INDEPENDENT LIVING CENTER

KENAI PUBLIC ASSISTANCE OFFICE

KENAI SENIOR CENTER

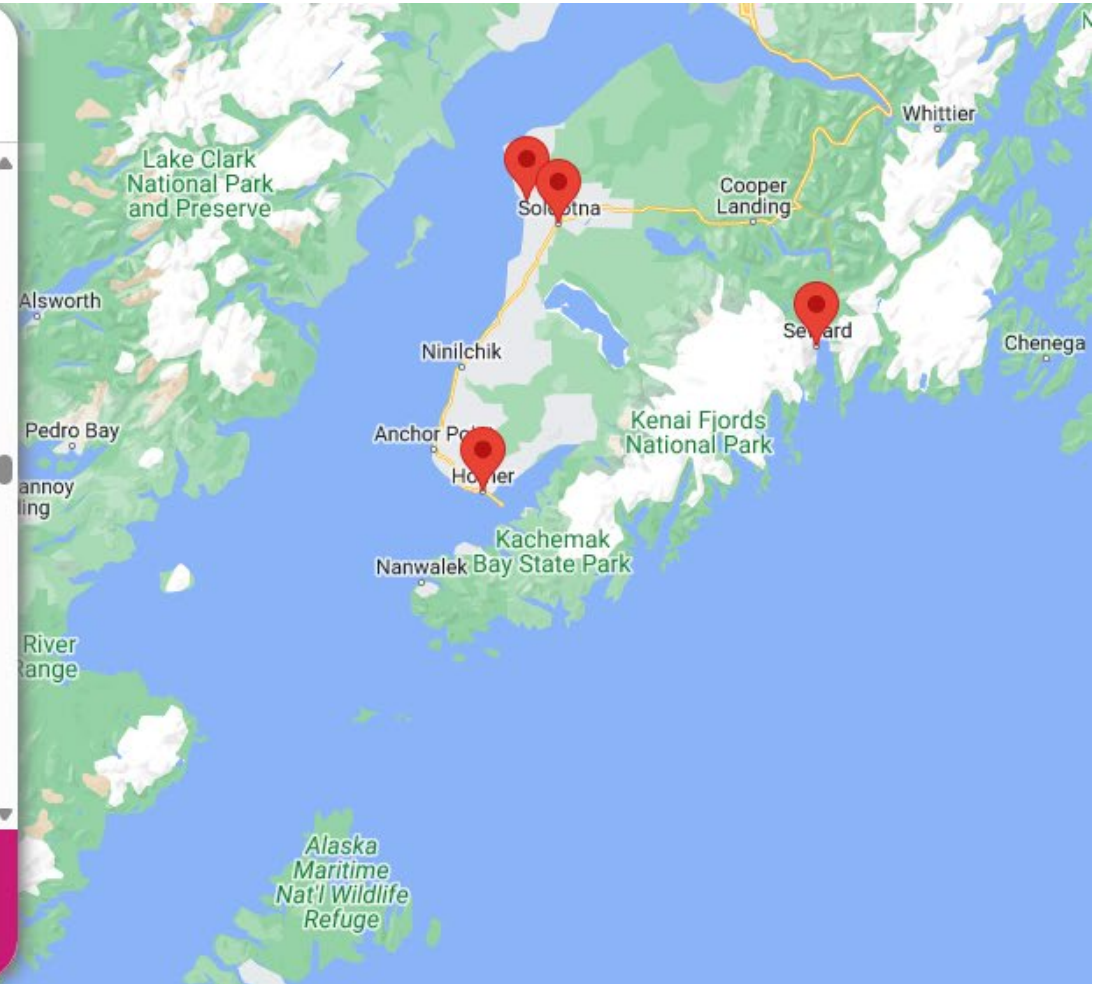
KENAITZE TRANSPORTATION

KPBSD FIRST STUDENT/APPLE BUS

MEDICAID TRAVEL

NIKISKI SENIOR CENTER - 907-776-7674

[GET MORE INFORMATION ABOUT THIS COMMUNITY](#)



NEXT STEPS

RESOURCE DASHBOARD BUILD OUT

100% COORDINATOR (BOROUGH-WIDE)





COMMUNITIES Alaska



UPDATES FROM ACTION TEAM LEADS |

CONTACT

Dr. Charity Carmody
Executive Director
Alaska Impact Alliance
Charity@Alaskaimpactalliance.com



Abby Struffert
Alliance Facilitator
Southcentral Alliance for Family Resilience
Southcentralconsultingak@gmail.com

