



Cook Inlet Counseling, Inc

Empower~Heal~Connect



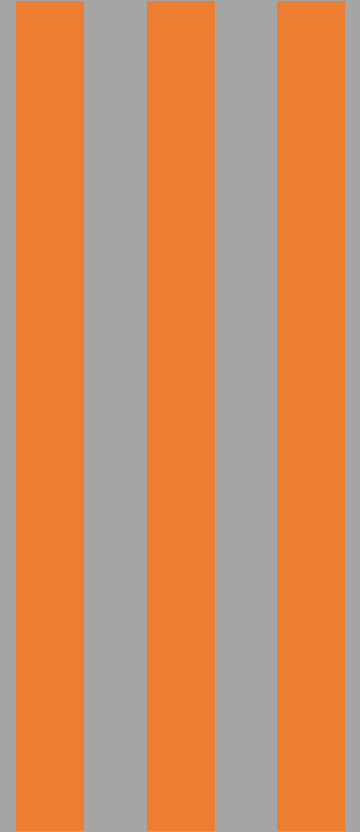
CIC Services

- **Screening and Assessment**
 - **Substance Abuse Assessment**
 - **Integrated Assessment**
- **Adult and Youth Outpatient Treatment**
- **Brainspotting**
- **Coping with Anger**
- **Parenting and Family Values**
- **Case Management**
- **Referral to Medication Assisted Treatment**
- **Urinalysis Collection**



STRIKE

Support, Treatment, Resources and Interventions
in the Kenai for Everyone with SUD/ODD



STRIKE Workplan



Increase community awareness and knowledge of SUD/ODU

Reduce opioid overdose deaths in the KPB

Enhance the SUD/ODU prevention system and infrastructure

Increase the capacity of providers willing and able to provide MAT

Reduce the stigma of individuals affected by SUD/ODU

Increase sharing of aggregate data within the KPB

Increase the use of therapeutic interventions and counseling within MAT services

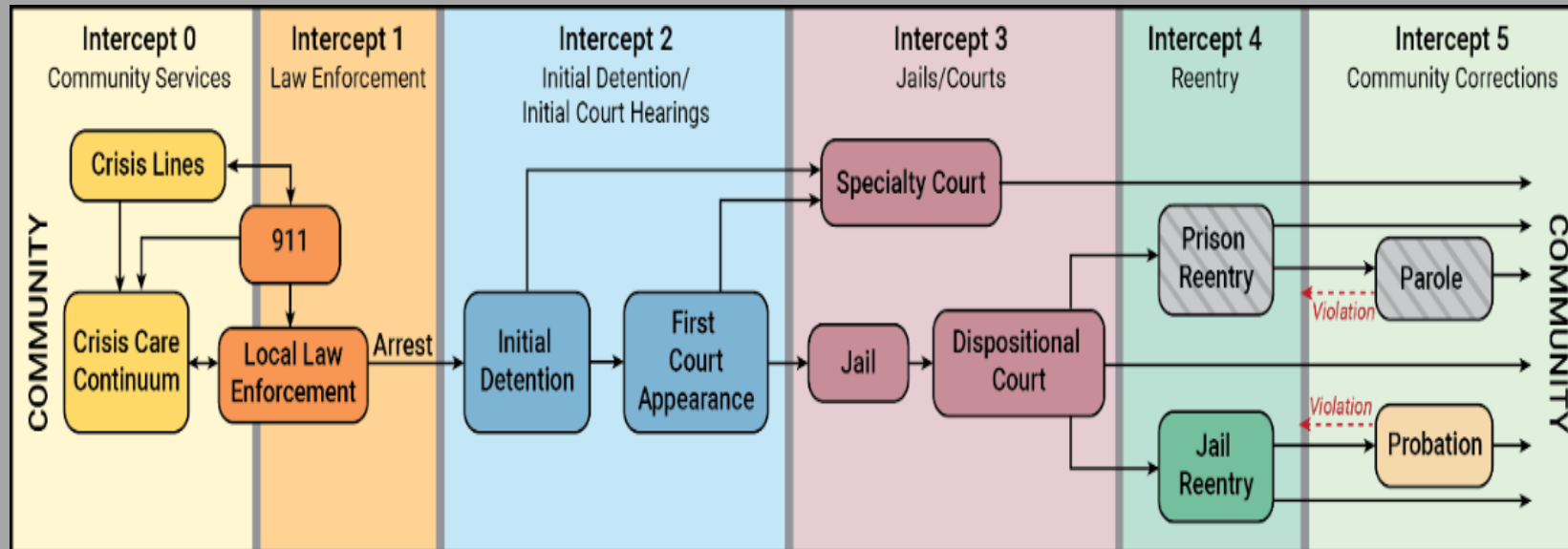
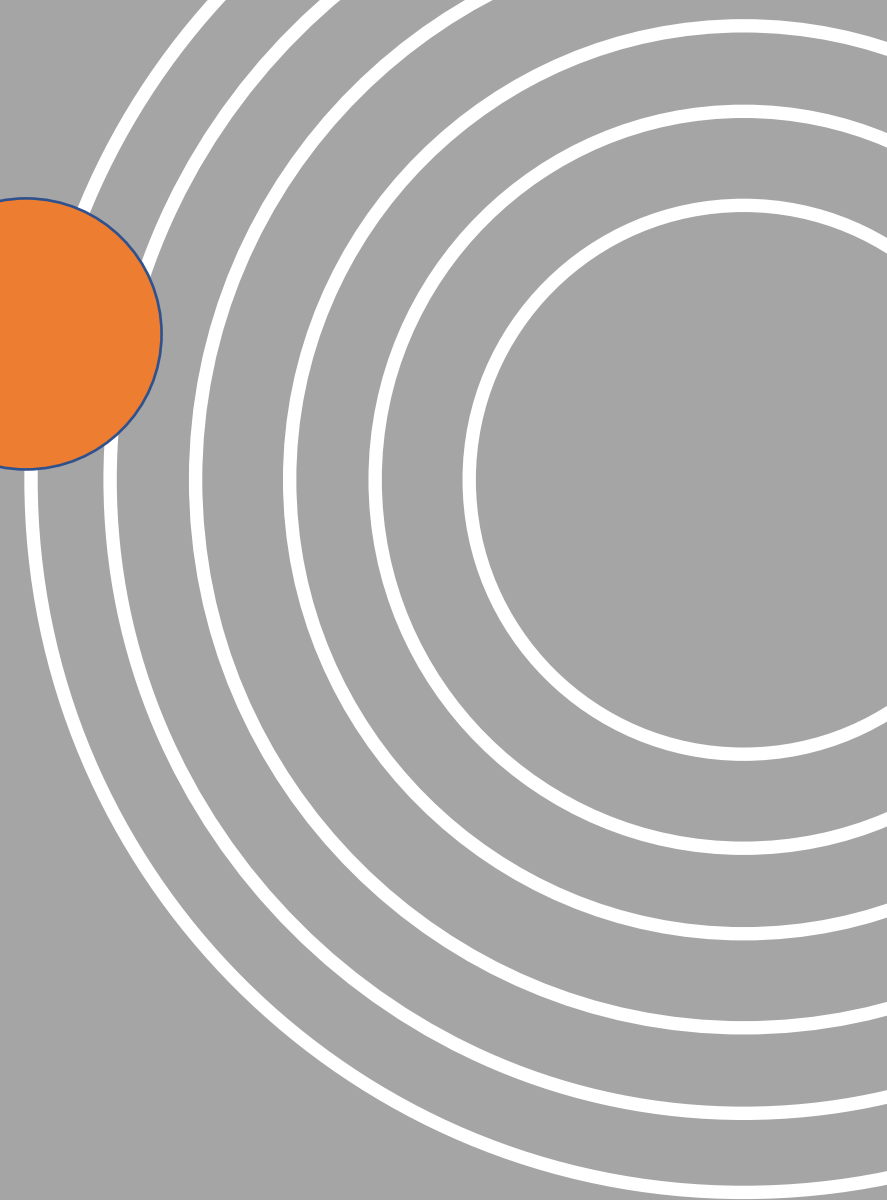
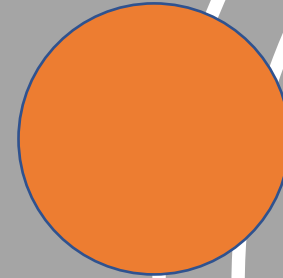
Increase coordination and communication between primary care and SUD/ODU service providers

Create a network of credentialed peer support and recovery agents within the region

Expand the use of peer workers and programs in the KPB

Strengthen the overall recovery system

Sequential Intercept Mapping Workshop



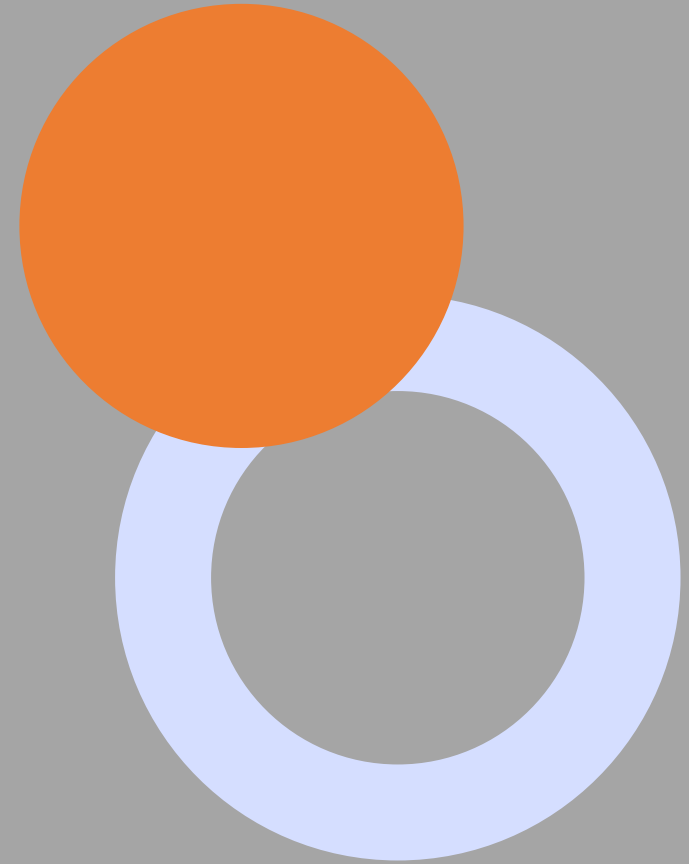
2019 Policy Research Associates, Inc

Full Sequential Intercept Mapping Report available at:

<https://cookinletcounseling.org/index.php/resources>

SIM Priorities

- Crisis Response
- Increased collaboration
- Housing
- Additional Sobering Options
- DOC access to treatment / services



CRISIS NOW

GOAL: Design and implement a behavioral health crisis response system analogous to the physical health system.

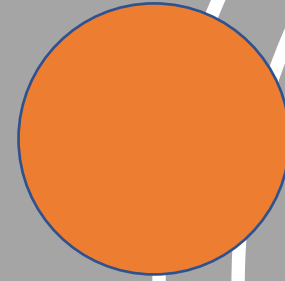
Physical Health Emergency



Behavioral Health Emergency



- ✓ **Stakeholder support and buy-in**
- ✓ **988**
- ✓ **Nikiski Integrated Health Unit**
- ✓ **Hospital (Behavioral Health)**
- ✓ **Telehealth capability**
- ✓ **Referral processes in place**
- ✓ **Peer Supports**
- ✓ **Data**
- ✓ **Funding**



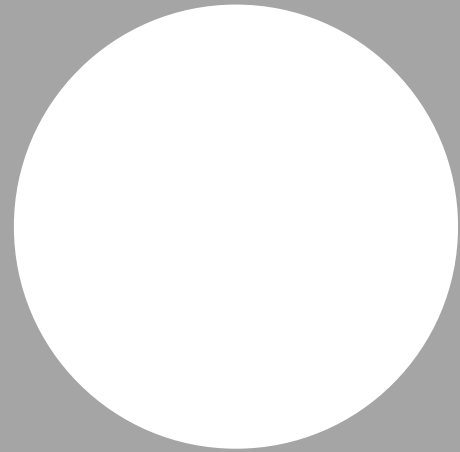
Building Blocks for Successful Crisis Response

100% Behavioral Health

It takes a whole community

1. Evaluating the system by tracking supply and demand as well as barriers within behavioral health care
2. Ensuring current accessible behavioral health care programs are fully supported
3. Engaging the private sector in supporting behavioral health care innovation
4. Harnessing Technology
5. Generating public awareness and engagement
6. Make sure your education system is on board
7. Ensuring that local higher education is engaging in solutions, research, and evaluation
8. Supporting governments in behavioral health care innovation
9. Identifying how the federal and state levels can strengthen local services
10. Institutionalizing the work by developing the City Department of Behavioral Health and funding for innovation

Behavioral Health Simulation



Goals

- Demonstrate the processes and challenges that people must navigate to access behavioral health services in our community
- Identify ways to reduce barriers and redundancy within the behavioral health care system
- Use the experiences of participants to drive action planning for 100% Behavioral Health Action Team

What You Can Do

- Join the Consortium
- Attend a community meeting
- Participate in the Behavioral Health Simulation
- Join a 100% Community Action Team
- Get certified peer supports on your team
- Join the Listserv
- Carry Naloxone
- Reduce Stigma; engage in conversations
- Support friends, family, and neighbors





Thank you

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